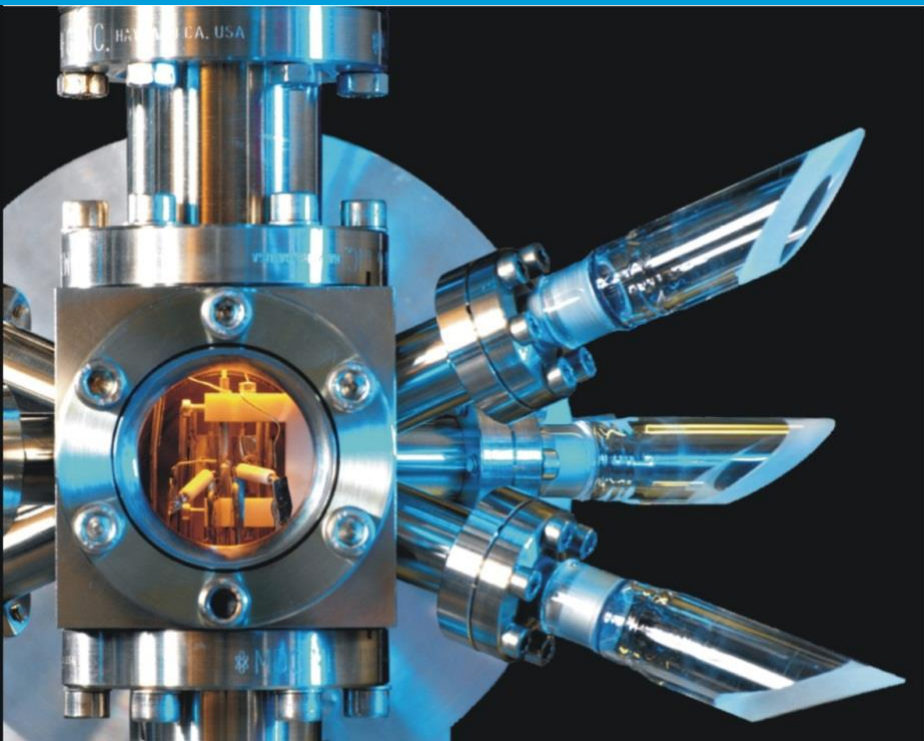




# Trapped Ion Optical Clocks



**Rachel Godun**

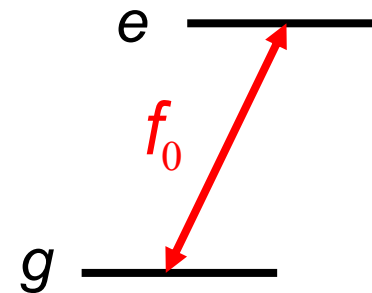
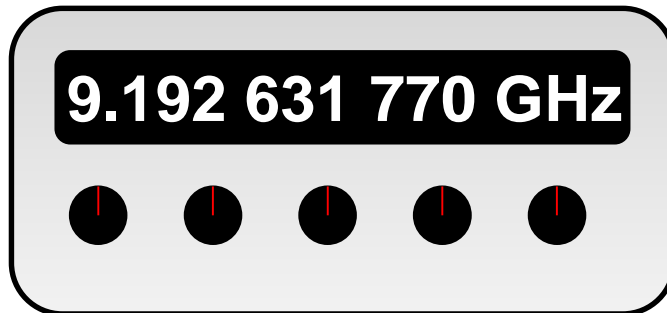
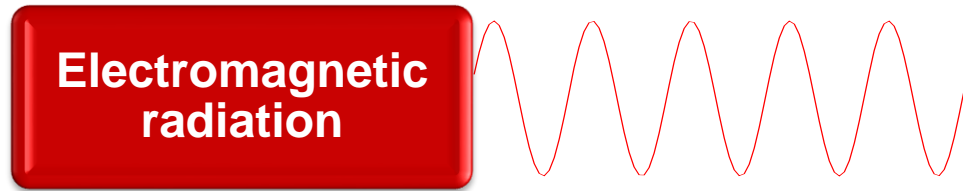
# Optical clocks with $10^{-18}$ uncertainty



European consortium working to reach  $10^{-18}$  uncertainties by 2019

- Atomic clocks based on caesium
- The role of optical clocks
- Single-ion optical frequency standards
- Minimising systematic frequency shifts
  - Motion
  - Electric fields
  - Magnetic fields
  - Gravity
- Optical frequency metrology
  - Stability, absolute frequencies and ratios
- Summary and future perspectives

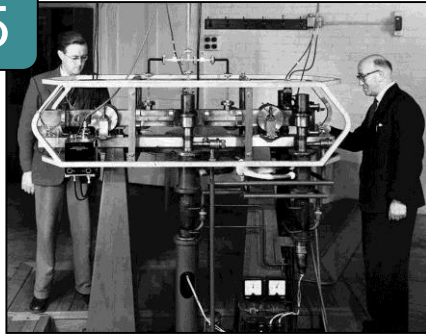
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- Tune the frequency of the radiation to drive an atomic transition

# Introduction of atomic time

1955



First caesium atomic frequency standard developed at NPL by Essen & Parry, accurate to 1 part in  $10^{10}$

1967

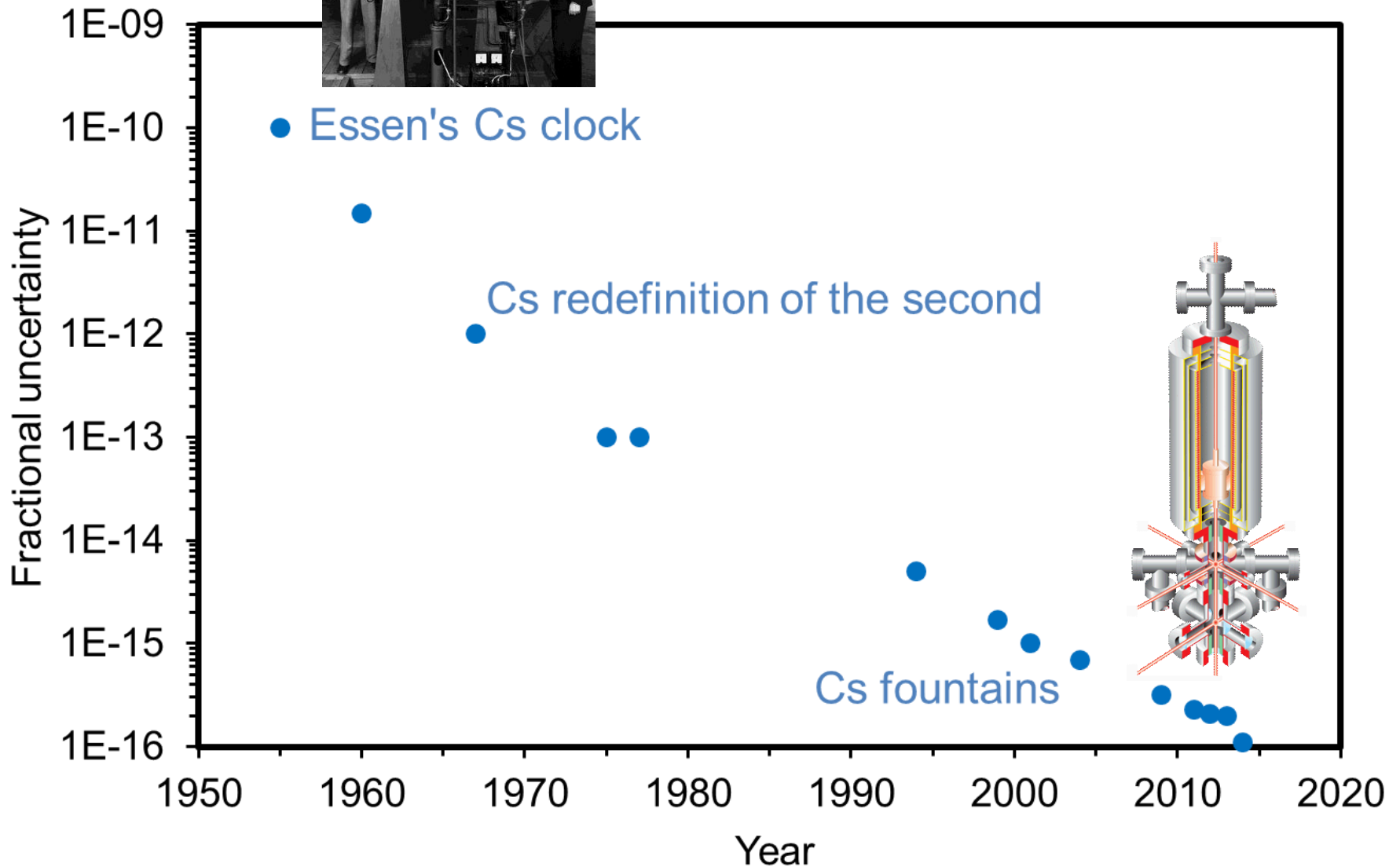
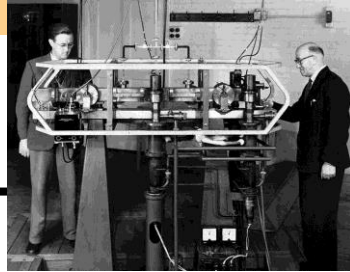
*The second is the duration of 9 192 631 770 periods of the radiation corresponding to the transition between the two hyperfine levels of the ground state of the caesium-133 atom.*

2018



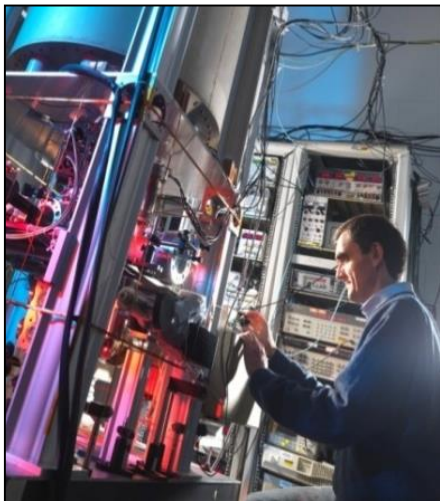
The best caesium fountain primary frequency standards now have accuracies of  $1 - 2 \times 10^{-16}$

# Improvements in caesium atomic clocks





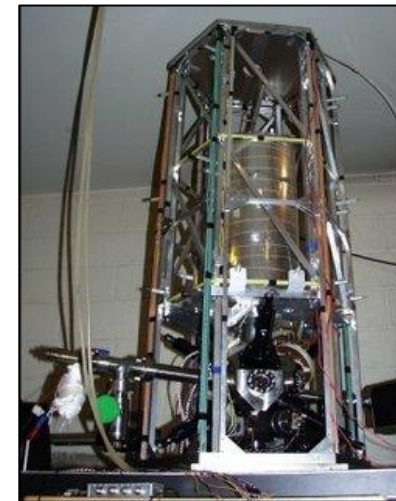
# Cs fountain primary frequency standards



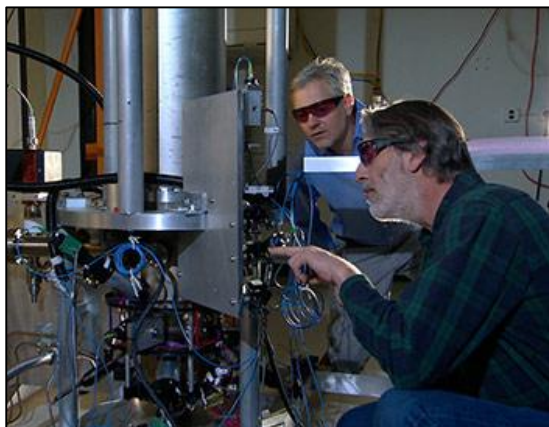
NPL-CsF2



INRIM ITCsF2



LNE-SYRTE FO2-Cs



NIST-F2



PTB-CSF2



NPL Commercial



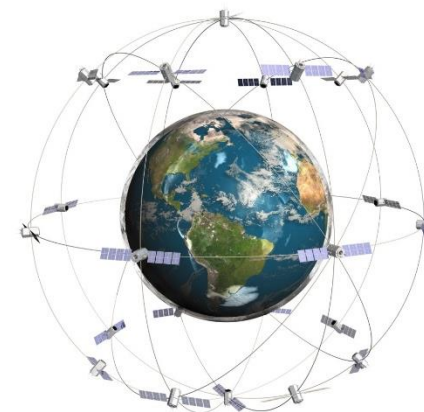
# Cs clocks are widely used



International time scale

Patrizia Tavella

Navigation

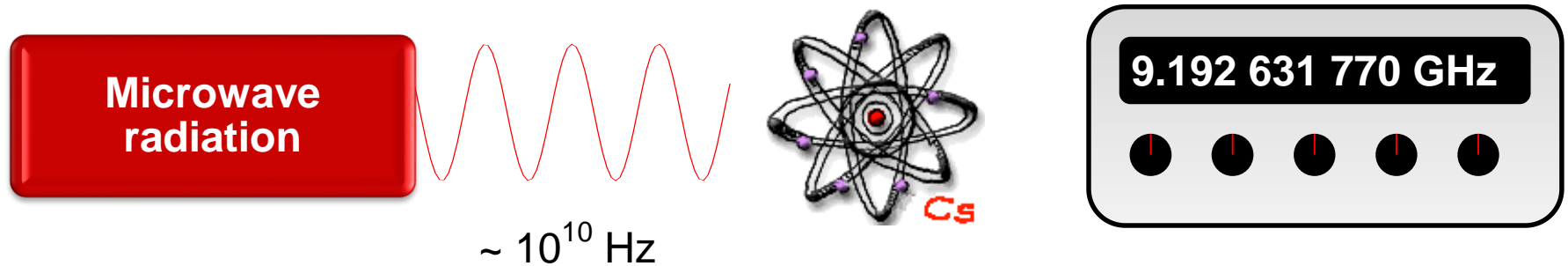


Network synchronisation

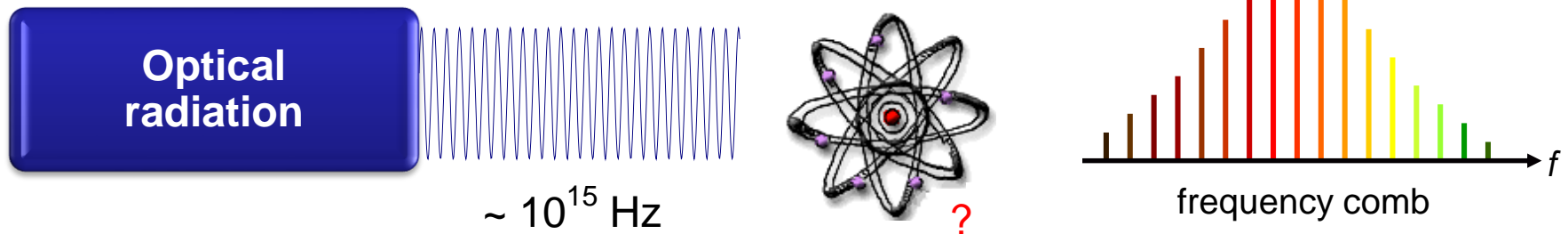


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- Caesium clock

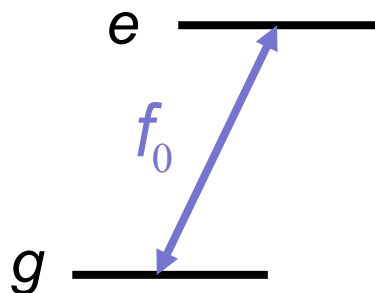


- Optical clock



Yann Le Coq

# Performance of a frequency standard

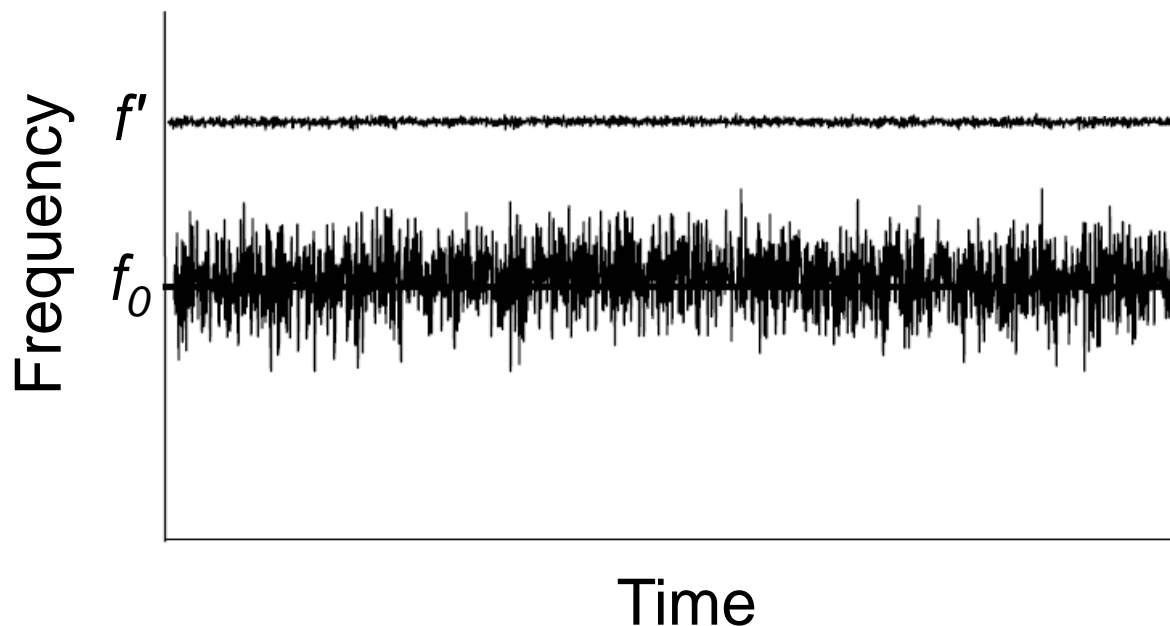


Stability

Level of frequency fluctuations over time  
(statistical uncertainties)

Accuracy

Level of offset from correct frequency  
(systematic uncertainties)



# Advantage of optical frequency standards

## Stability:

Fractional instability

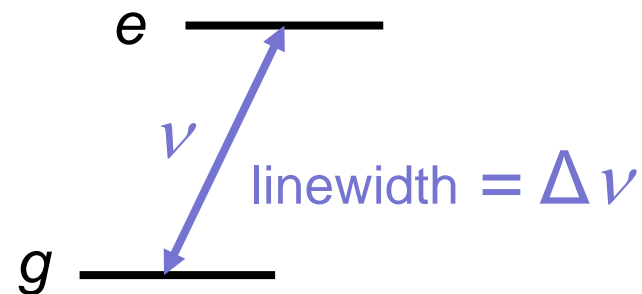
$$\sigma(\tau) = \frac{\Delta\nu}{\nu} \frac{\eta}{(S/N)} \sqrt{\frac{T}{\tau}}$$

	Microwave	Optical
$\Delta\nu$	$\sim 1$ Hz	$\sim 1$ Hz
$\nu$	$\sim 10^{10}$ Hz	$\sim 10^{15}$ Hz
reach $10^{-15}$	$\sim 1$ day	$\sim$ seconds

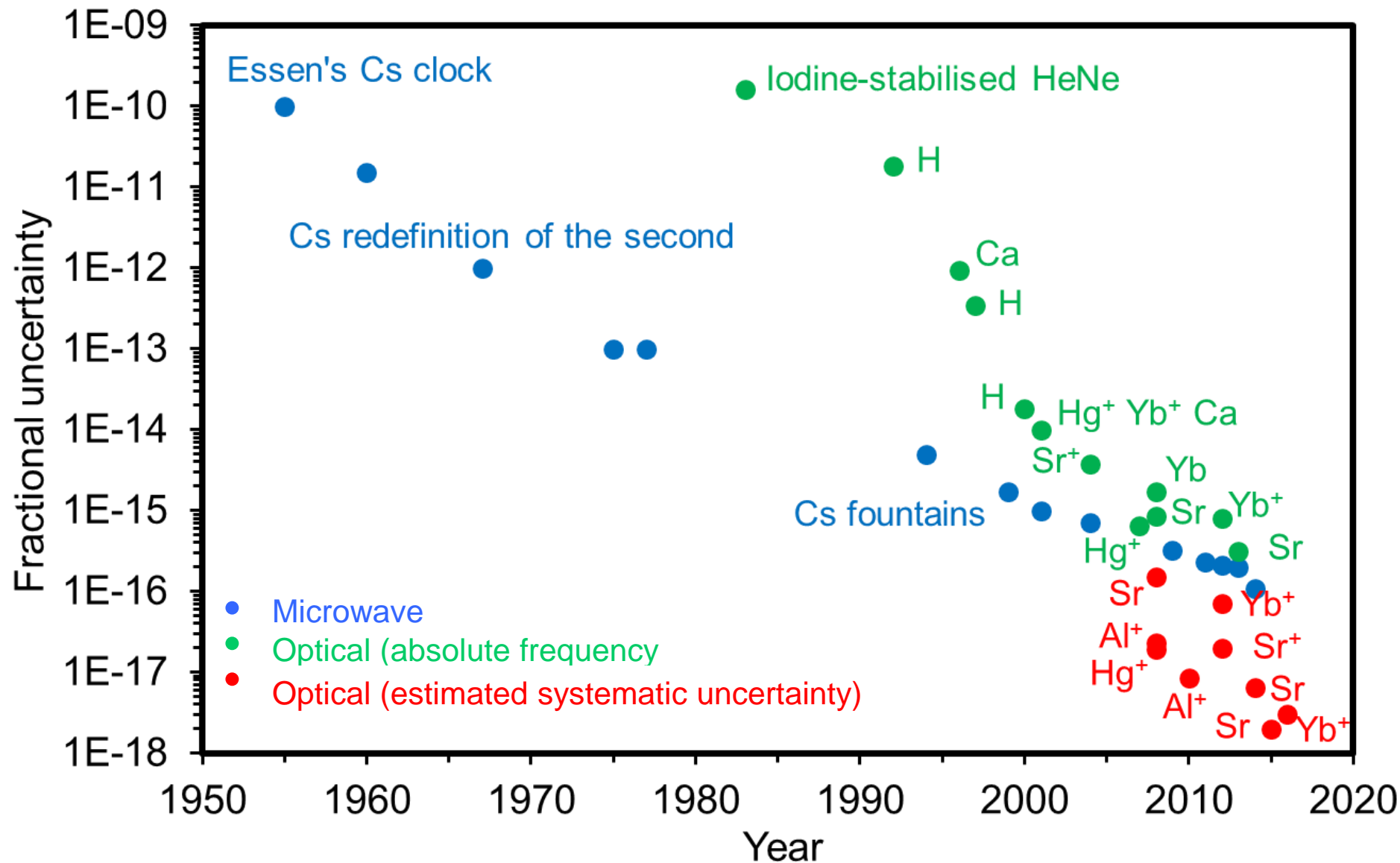
## Accuracy:

Microwave	Optical
$\sim 10^{-15} - 10^{-16}$	$\sim 10^{-17} - 10^{-18}$

$\Delta\nu$  = linewidth  
 $\nu$  = optical frequency  
 $(S/N)$  = signal-to-noise ratio  
 $T$  = probe time  
 $\tau$  = total averaging time  
 $\eta \sim 1$  depends on probing technique and shape of resonance

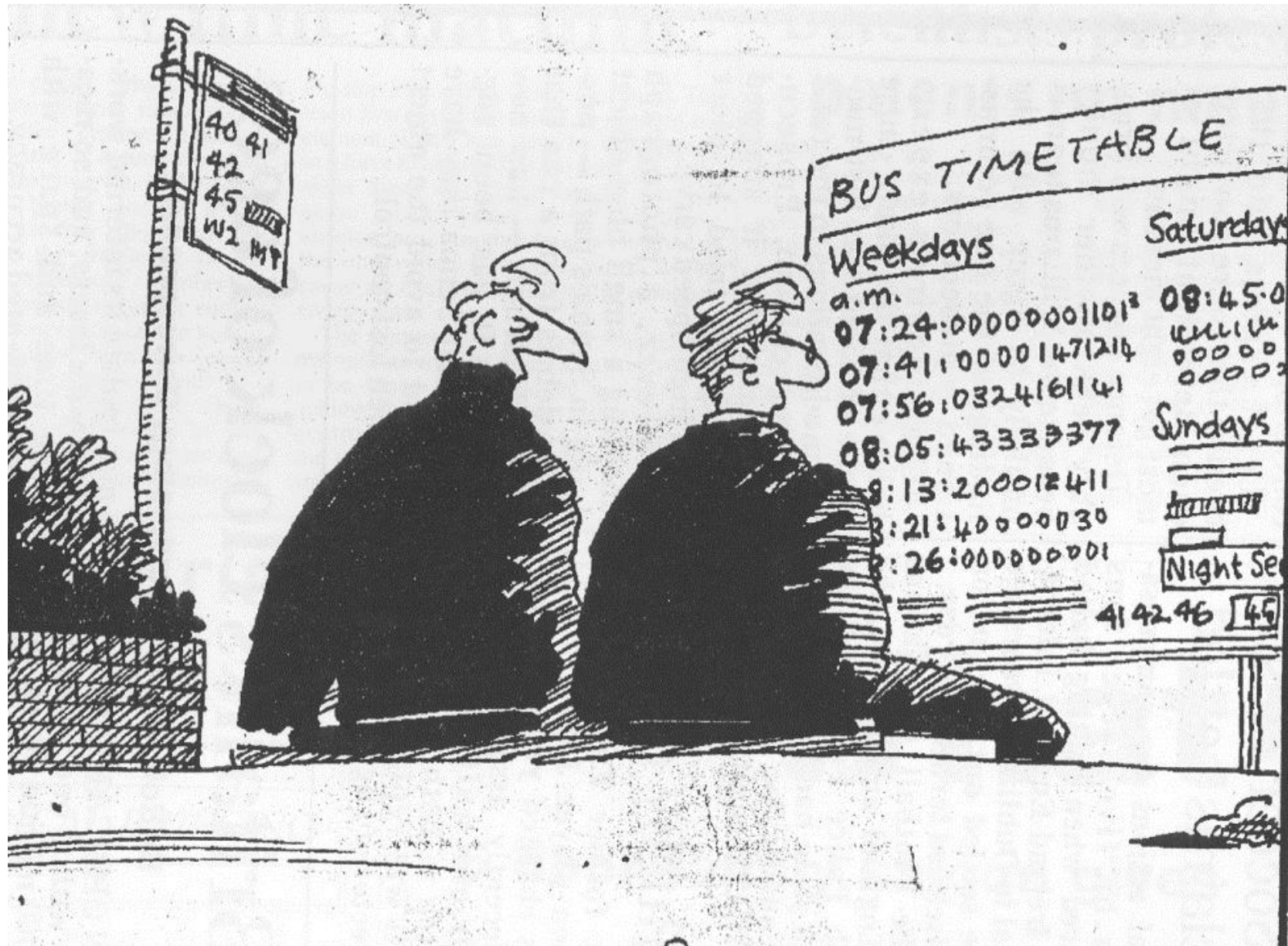


# Improvements in optical clocks



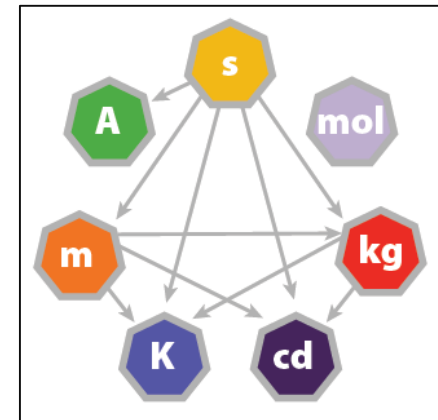


# What difference does this make?



- Greater accuracy and stability opens up yet more opportunities for atomic clocks

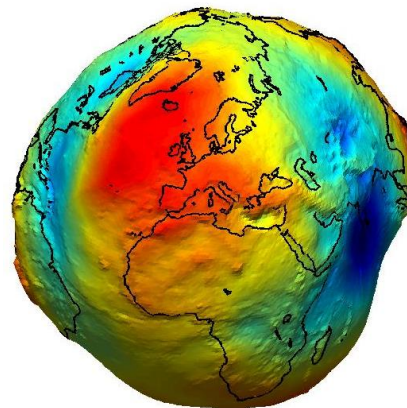
## Top-level SI



## Fundamental physics



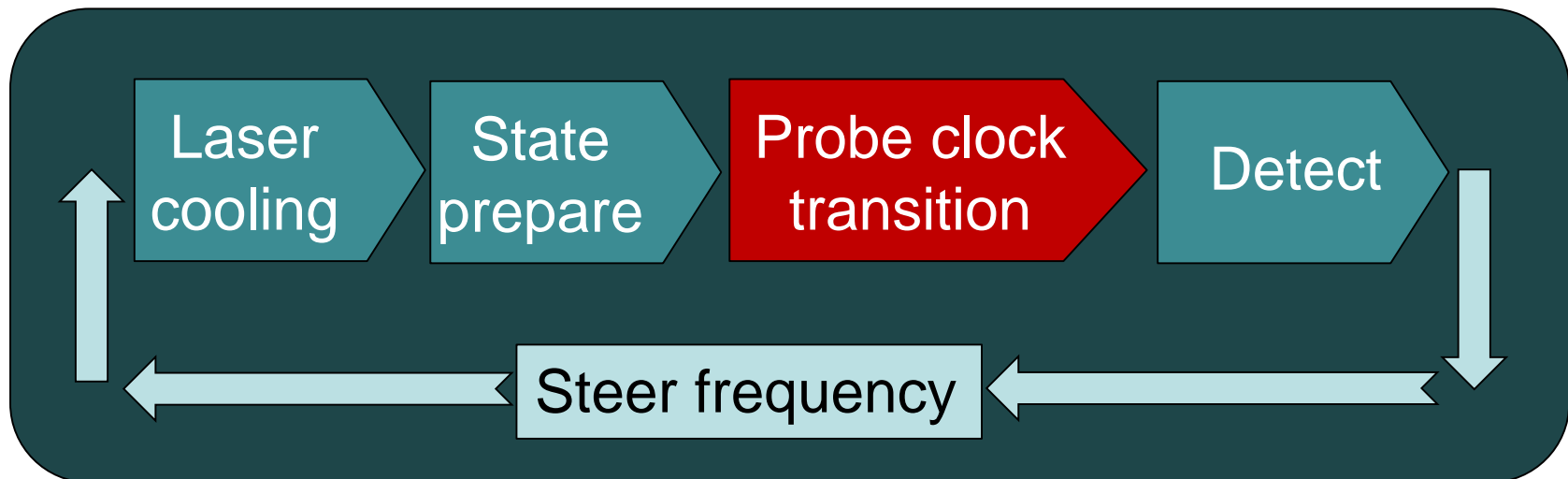
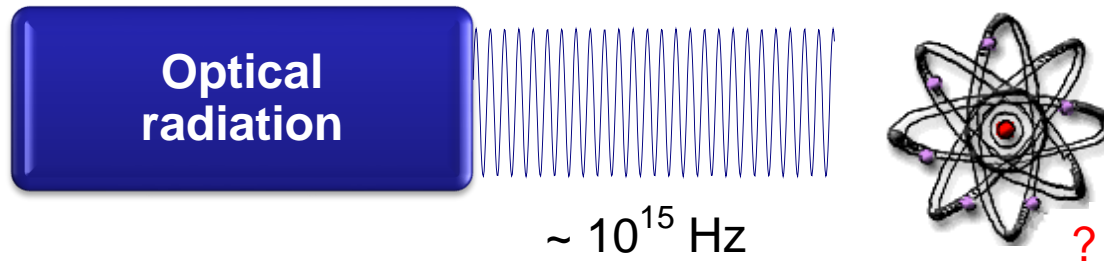
## Geodesy



## Astronomy, GNSS

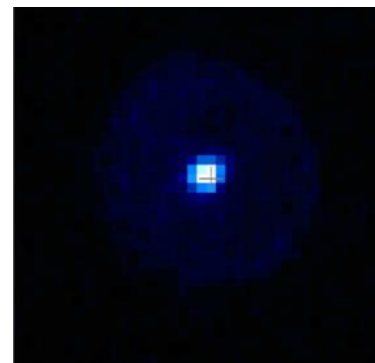


# Stabilising frequency to an atomic reference



# What could possibly go wrong?

- Whether neutral atom or ion, need to think about:  
Fundamental: motion, E-fields, B-fields, gravitational effects
- Each setup may also have other issues to avoid  
Technical: shutter leakage / collisions / servo offsets / frequency chirps ...
- Single ions are good because almost an isolated atom at rest
- Atoms good because large number gives better S/N



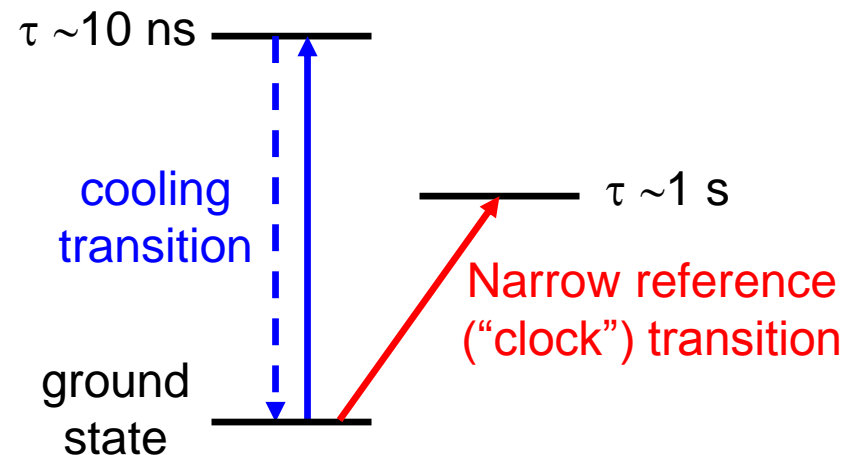
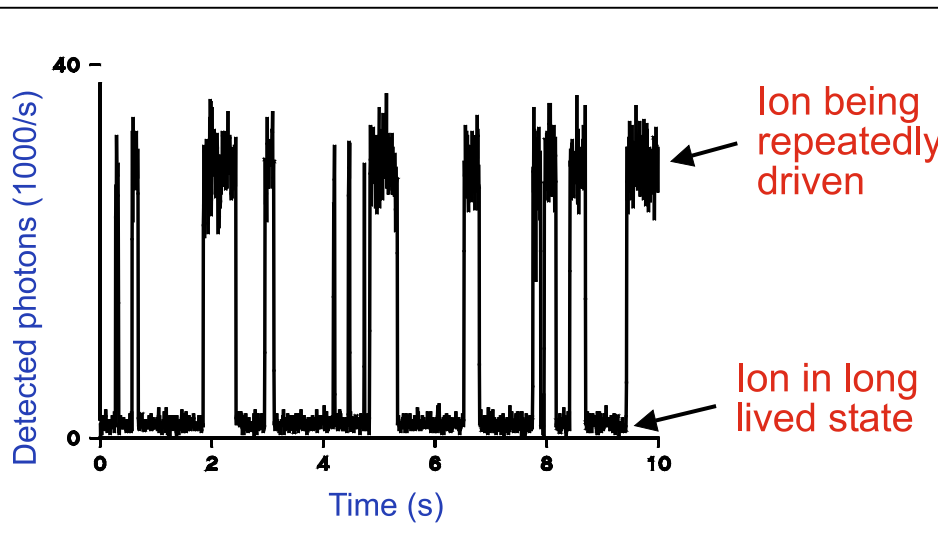
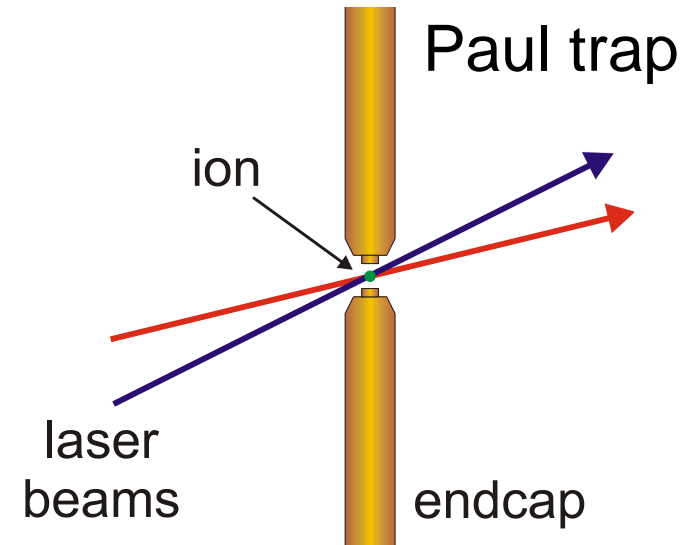
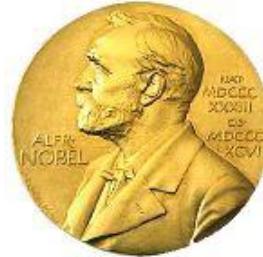
Fractional  
instability

$$\sigma(\tau) = \frac{\Delta\nu}{\nu} \frac{\eta}{(S/N)} \sqrt{\frac{T}{\tau}}$$

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# Ion clocks

- Nobel Prize 1989  
Dehmelt, Paul, Ramsey
- Dehmelt proposed using ions for optical frequency standards and 'electron shelving' for detection





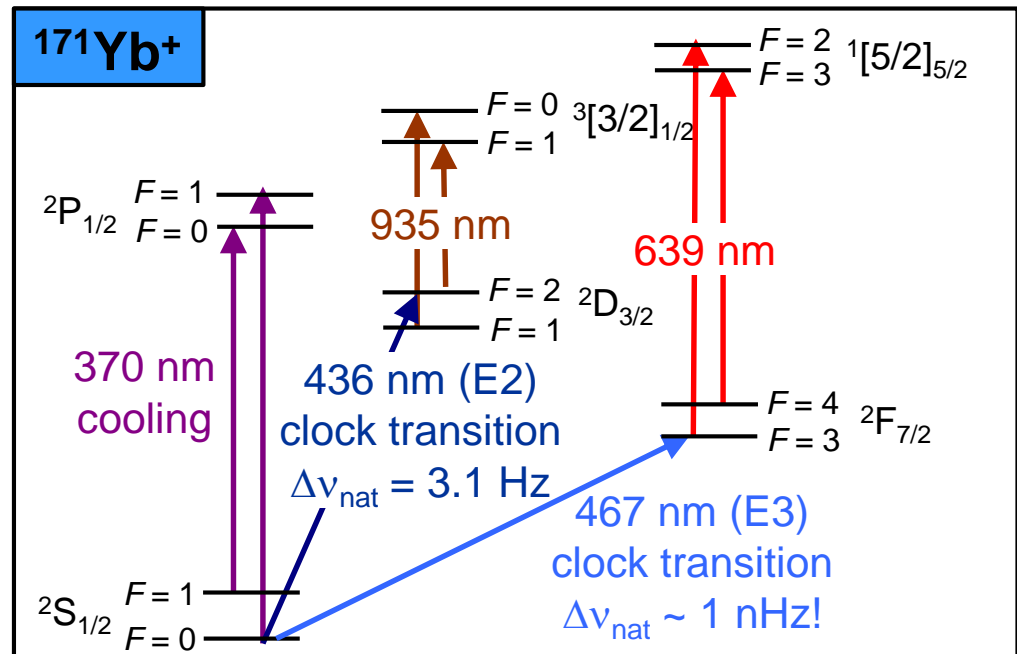
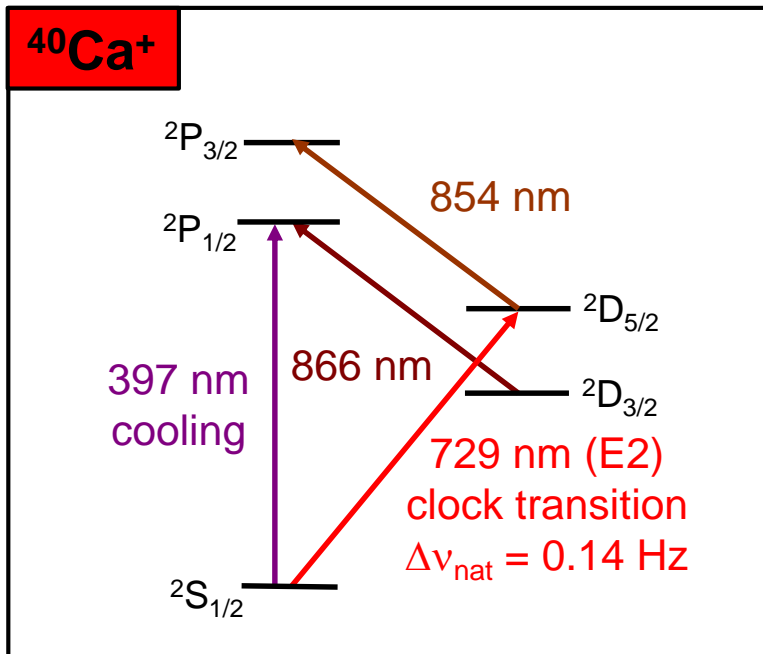
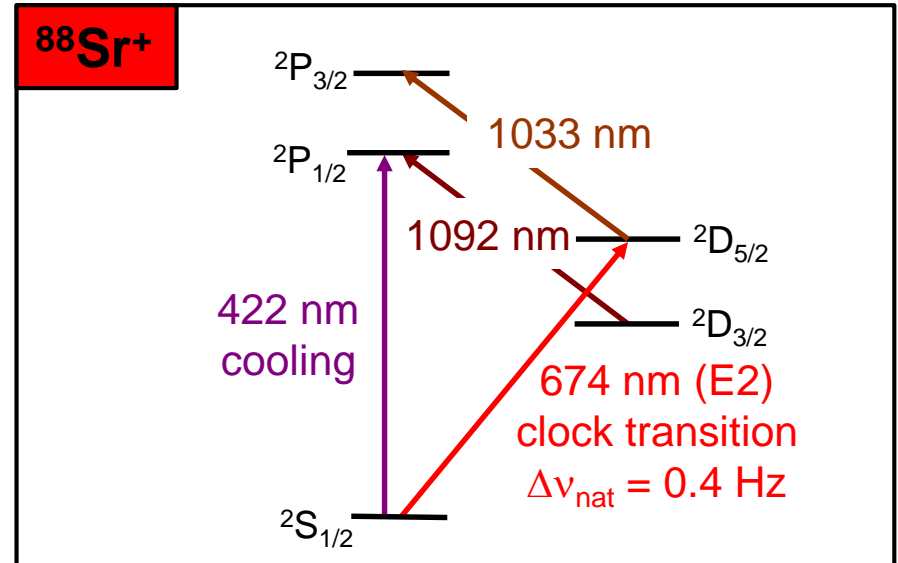
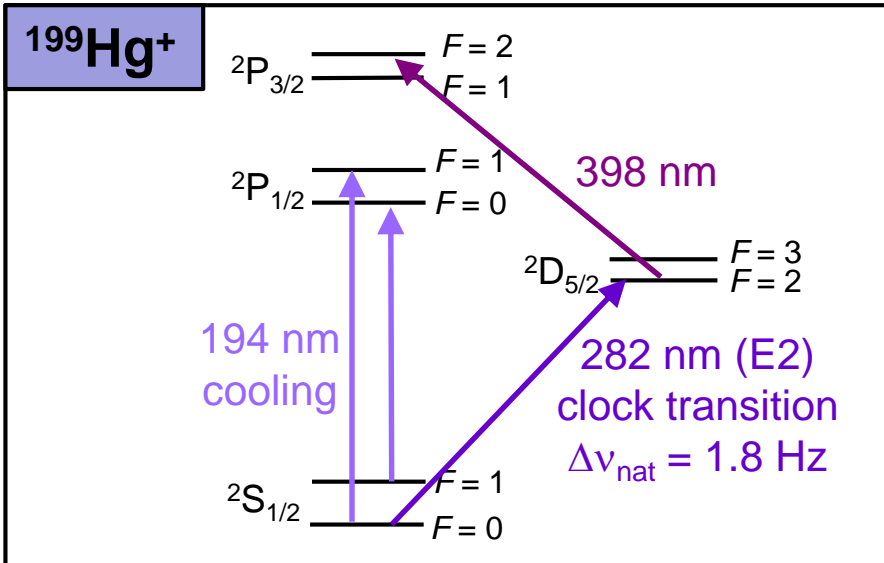
# Candidate systems (1)

Ions with alkali-like or quasi-alkali-like atomic structure

1 H																			2 He
3 Li	4 Be											5 B	6 C	7 N	8 O	9 F	10 Ne		
11 Na	12 Mg											13 Al	14 Si	15 P	16 S	17 Cl	18 Ar		
19 K	20 Ca	21 Sc	22 Ti	23 V	24 Cr	25 Mn	26 Fe	27 Co	28 Ni	29 Cu	30 Zn	31 Ga	32 Ge	33 As	34 Se	35 Br	36 Kr		
37 Rb	38 Sr	39 Y	40 Zr	41 Nb	42 Mo	43 Tc	44 Ru	45 Rh	46 Pd	47 Ag	48 Cd	49 In	50 Sn	51 Sb	52 Te	53 I	54 Xe		
55 Cs	56 Ba	57 La	72 Hf	73 Ta	74 W	75 Re	76 Os	77 Ir	78 Pt	79 Au	80 Hg	81 Tl	82 Pb	83 Bi	84 Po	85 At	86 Rn		
87 Fr	88 Ra	89 Ac	104 Unq	105 Unp	106 Unh	107 Uns	108 Uno	109 Une	110 Unn										

58 Ce	59 Pr	60 Nd	61 Pm	62 Sm	63 Eu	64 Gd	65 Tb	66 Dy	67 Ho	68 Er	69 Tm	70 Yb	71 Lu
90 Th	91 Pa	92 U	93 Np	94 Pu	95 Am	96 Cm	97 Bk	98 Cf	99 Es	100 Fm	101 Md	102 No	103 Lr

# Alkali-like systems



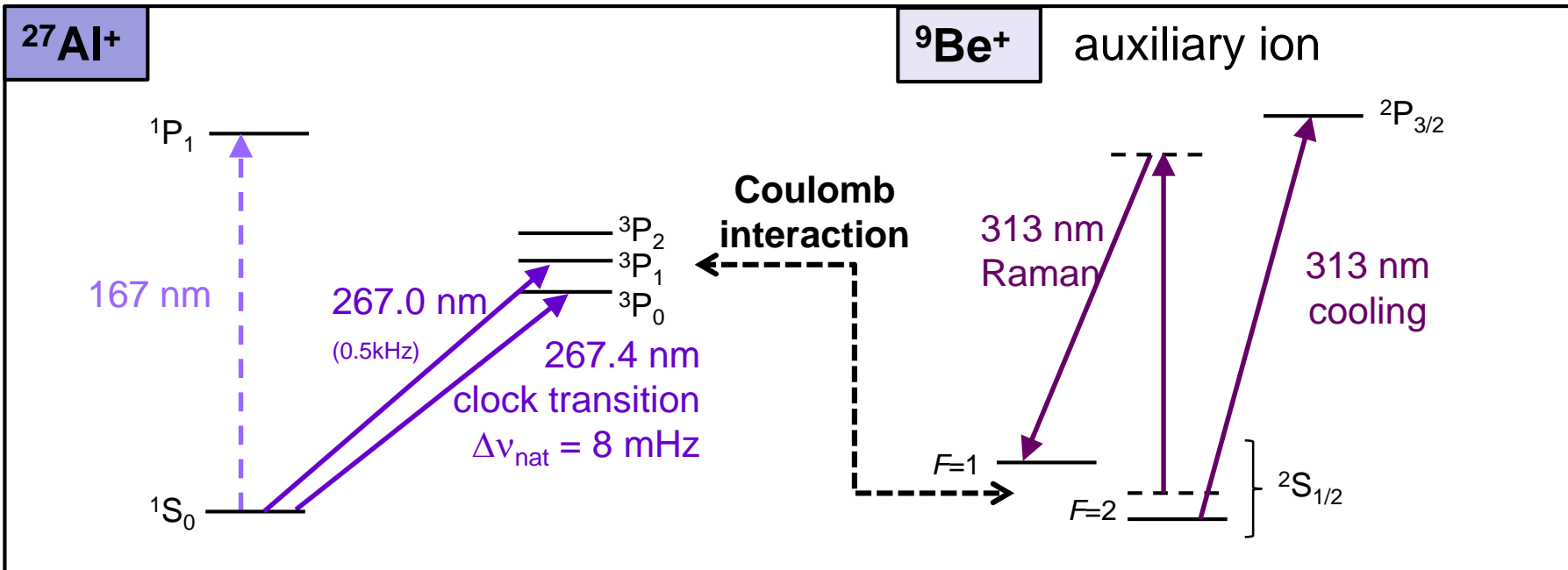
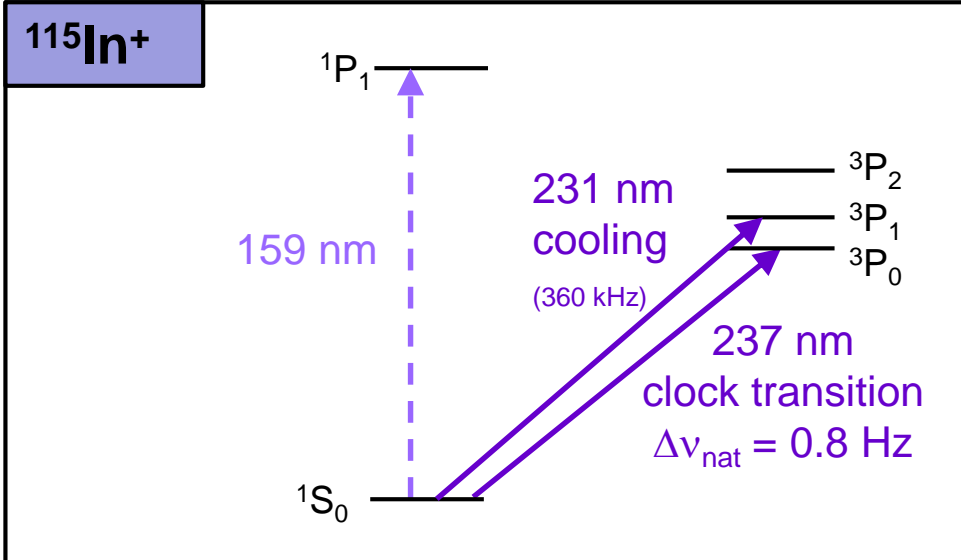
# Candidate systems (2)

Ions with atomic structure  
similar to alkaline earth elements

1 H																	2 He
3 Li	4 Be											5 B	6 C	7 N	8 O	9 F	10 Ne
11 Na	12 Mg											13 Al	14 Si	15 P	16 S	17 Cl	18 Ar
19 K	20 Ca	21 Sc	22 Ti	23 V	24 Cr	25 Mn	26 Fe	27 Co	28 Ni	29 Cu	30 Zn	31 Ga	32 Ge	33 As	34 Se	35 Br	36 Kr
37 Rb	38 Sr	39 Y	40 Zr	41 Nb	42 Mo	43 Tc	44 Ru	45 Rh	46 Pd	47 Ag	48 Cd	49 In	50 Sn	51 Sb	52 Te	53 I	54 Xe
55 Cs	56 Ba	57 La	72 Hf	73 Ta	74 W	75 Re	76 Os	77 Ir	78 Pt	79 Au	80 Hg	81 Tl	82 Pb	83 Bi	84 Po	85 At	86 Rn
87 Fr	88 Ra	89 Ac	104 Unq	105 Unp	106 Unh	107 Uns	108 Uno	109 Une	110 Unn								

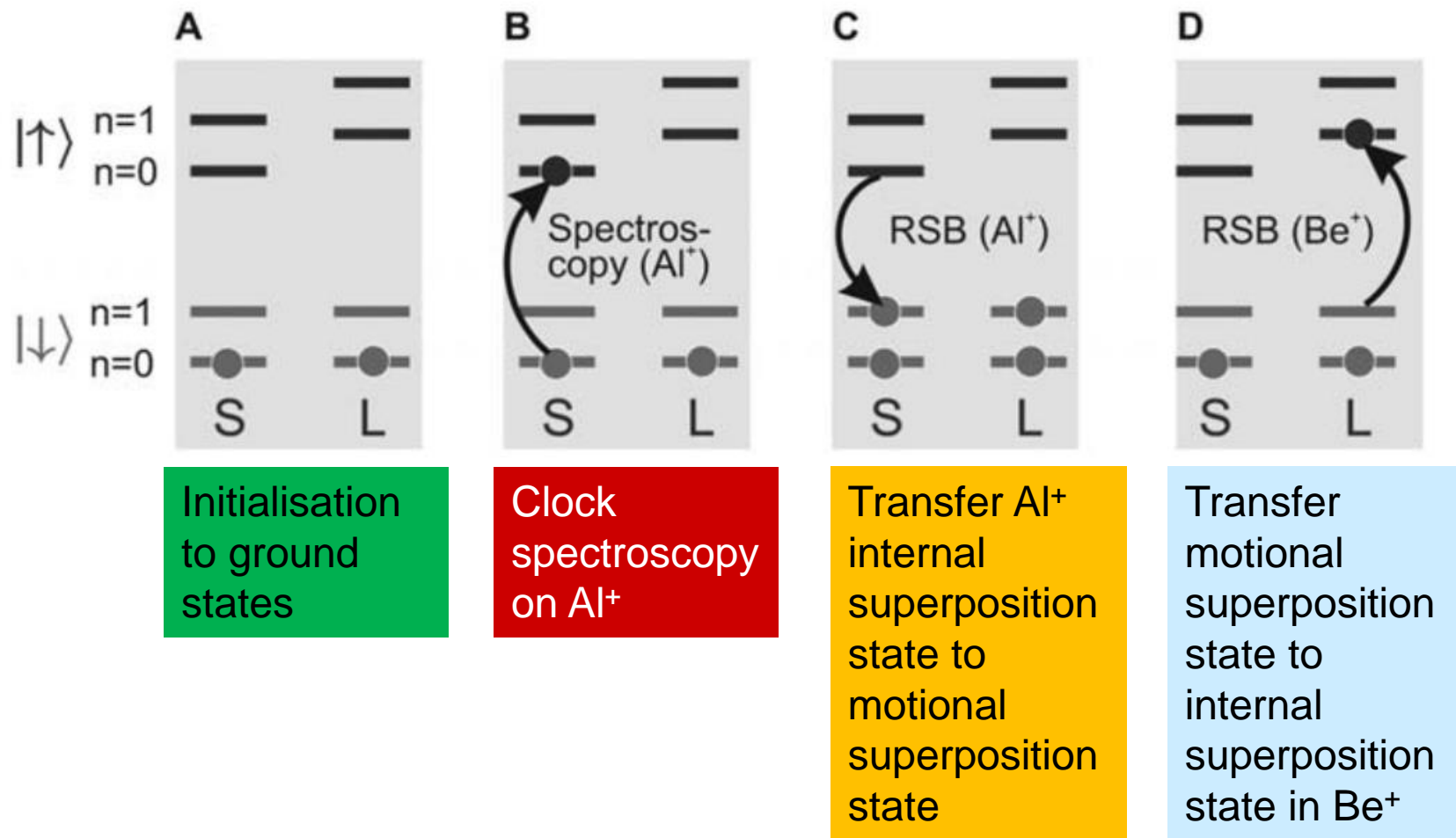
58 Ce	59 Pr	60 Nd	61 Pm	62 Sm	63 Eu	64 Gd	65 Tb	66 Dy	67 Ho	68 Er	69 Tm	70 Yb	71 Lu
90 Th	91 Pa	92 U	93 Np	94 Pu	95 Am	96 Cm	97 Bk	98 Cf	99 Es	100 Fm	101 Md	102 No	103 Lr

# Alkaline-earth-like systems



# Aluminium ion clock

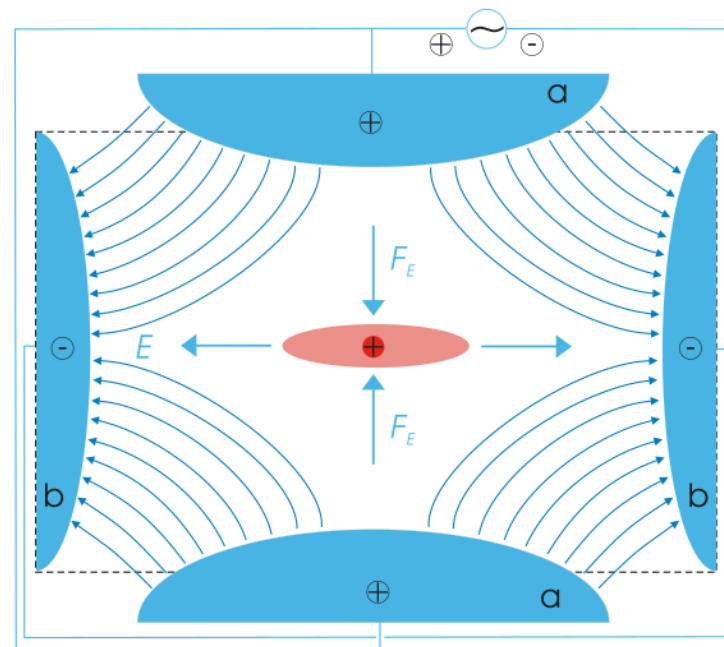
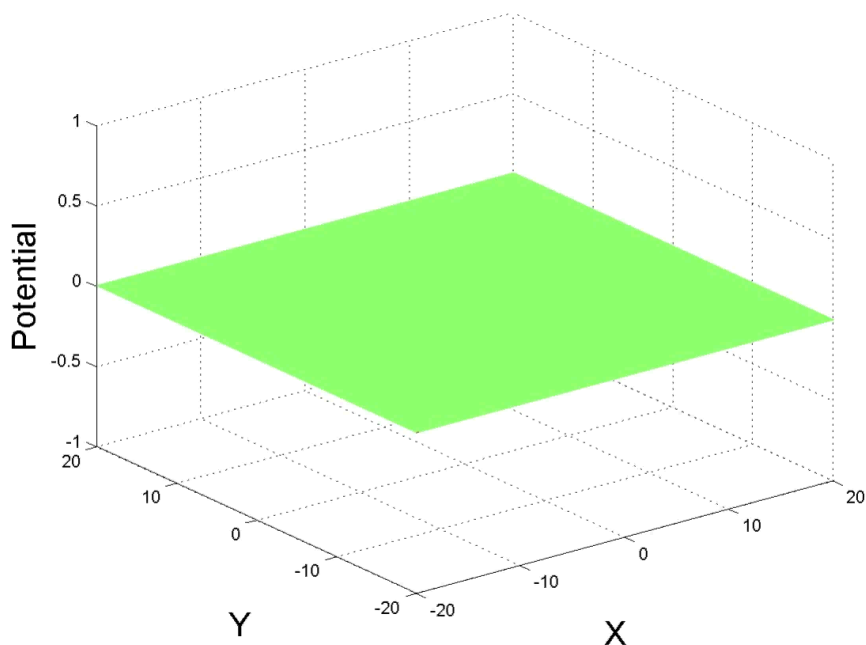
- Quantum logic spectroscopy



Quadrupole potential:

$$V(t) = A(t) (r^2 - 2z^2)$$

$$V(t) = \varepsilon(V_{dc} + V_{ac} \cos \Omega t) \frac{(r^2 - 2z^2)}{2r_0^2}$$



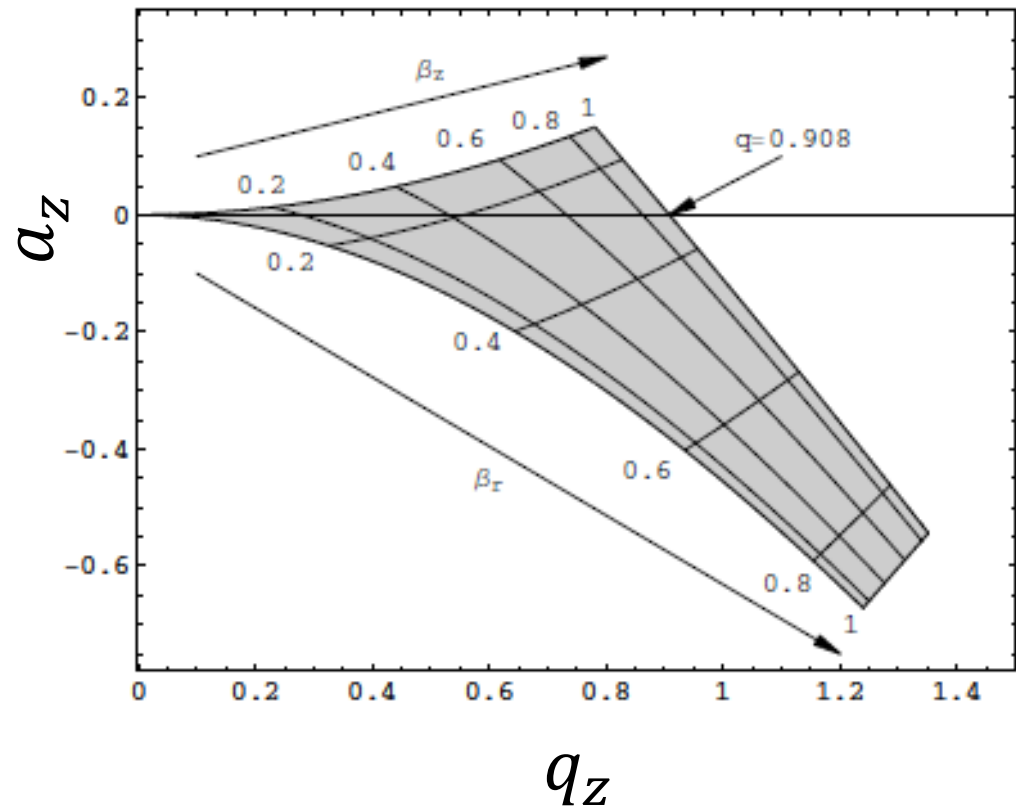
Radiofrequency voltage applied to top and bottom electrodes

→ ion trapped in time-averaged pseudo-potential minimum



# Stable solutions

- Pseudo-potential gives stable trapping for parameters in the shaded region



where

$$a_z = \frac{-8e\varepsilon V_{dc}}{mr_o^2 \Omega^2}$$

and

$$q_z = \frac{4e\varepsilon V_{ac}}{mr_o^2 \Omega^2}$$

# Motion of the trapped ion

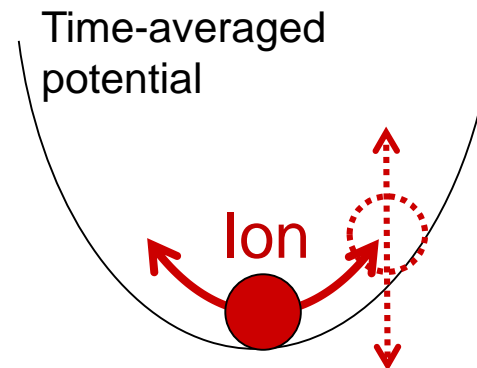
Stable ion motion can be separated into two parts:

## Secular motion

Thermal motion associated with time-averaged confining potential (characteristic frequencies  $\omega_r$  and  $\omega_z$ )

## Micromotion

Driven oscillatory motion at frequency  $\Omega$  (vanishes at trap centre)

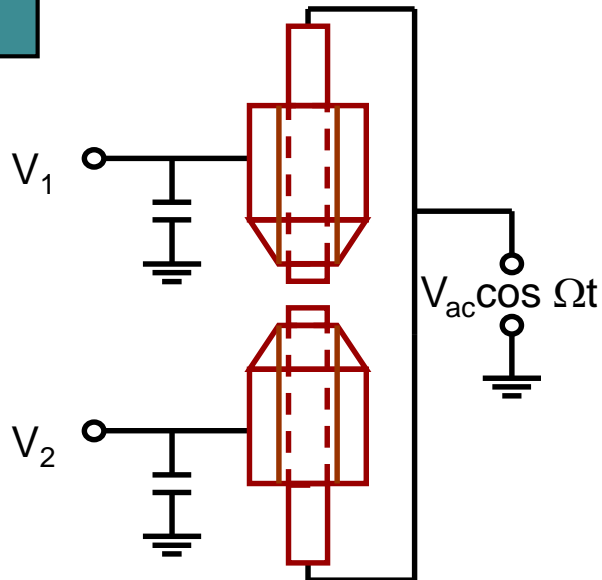
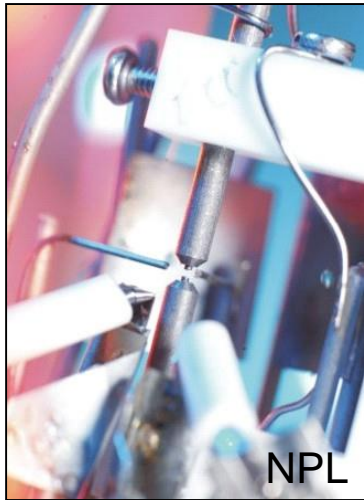


Mathematical solution for ion's position:

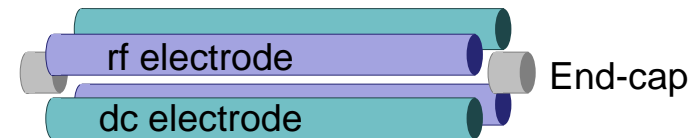
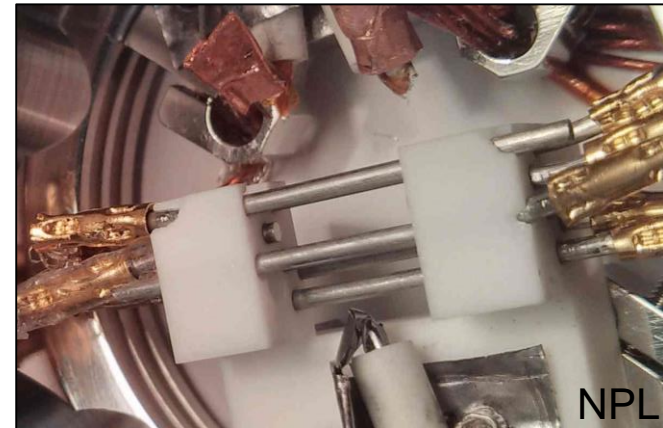
$$z(t) = \bar{z} + z_a \cos(\omega_z t) - z_a \frac{q_z}{2} \cos(\omega_z t) \cos(\Omega t) - \bar{z} \frac{q_z}{2} \cos(\Omega t)$$

# Ion traps for optical frequency standards

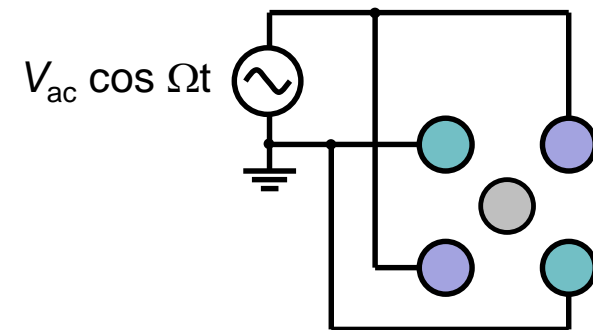
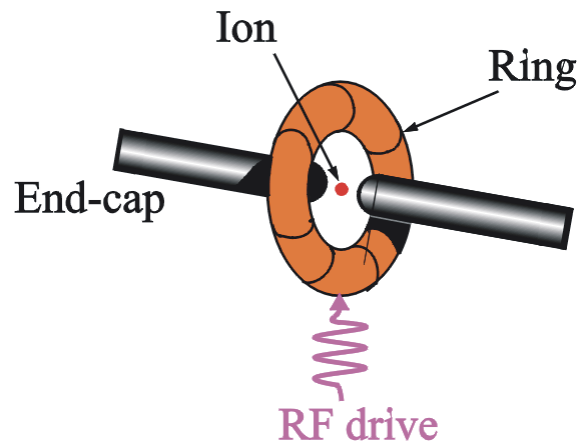
## Endcap traps



## Linear traps



## Ring traps



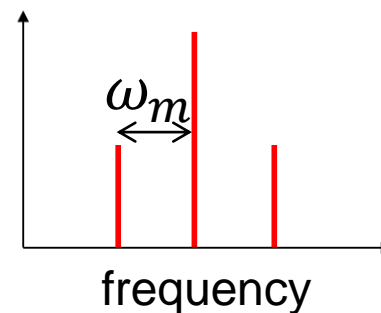
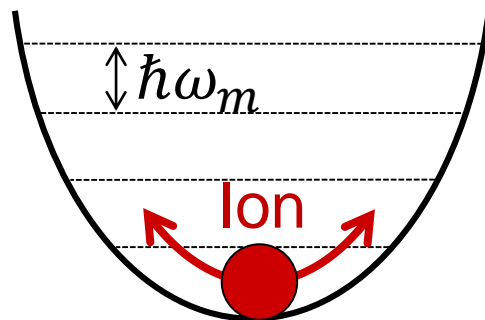
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# Ion motion causes Doppler shifts

- Motion leads to Doppler shift through

$$\frac{\Delta f}{f_0} = \frac{v}{c}$$

- For **unconfined** ion at 1mK, Doppler broadening gives FWHM of optical probe  $\sim 1$ MHz
- **Confined** ion in harmonic potential



- Sidebands negligible if weak modulation, i.e. small enough amplitude of motion

$$d < \frac{\lambda}{\pi}$$

Lamb-Dicke criterion

- eliminates 1<sup>st</sup> order Doppler broadening

# Ion motion causes Doppler shifts

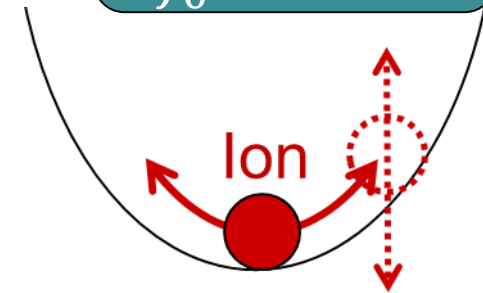
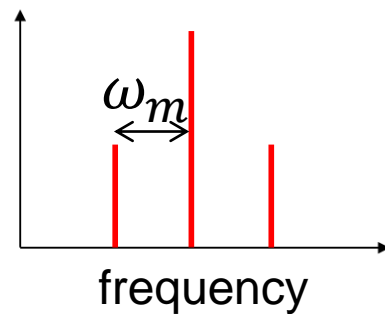
- 2<sup>nd</sup> order Doppler shifts (relativistic time dilation) still present so need to measure residual motion

$$\frac{\Delta f}{f_0} = -\frac{\langle v^2 \rangle}{2c^2}$$

Secular motion

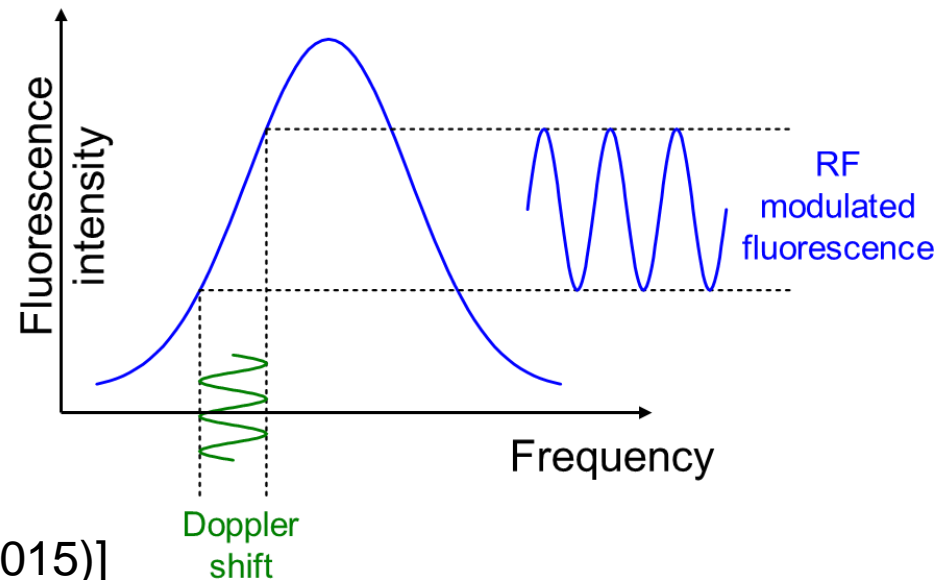
Micromotion

Sideband-to-carrier ratio



Micromotion

RF-photon  
correlation technique:

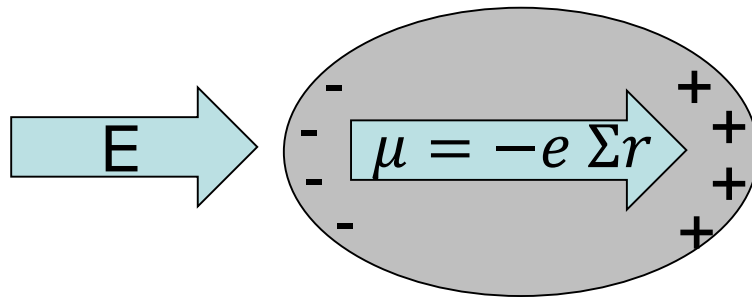




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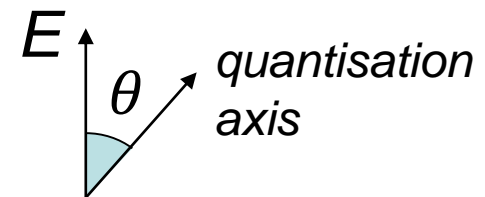
# Electric fields cause Stark shifts

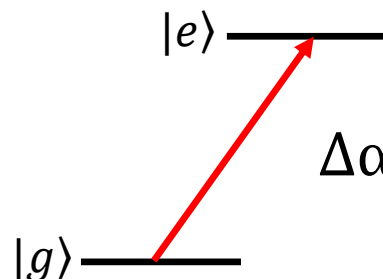
- External electric fields induce a dipole moment in the ion,



then interact with that induced dipole as a 2<sup>nd</sup> order effect (shifts proportional to  $E^2$ )

$$h\Delta f = -\frac{1}{2}\Delta\alpha_{SC}E^2 - \frac{1}{4}\alpha_{\text{ten}} \frac{[3M_F^2 - F(F+1)]}{F(2F-1)} (3\cos^2\theta - 1)E^2$$

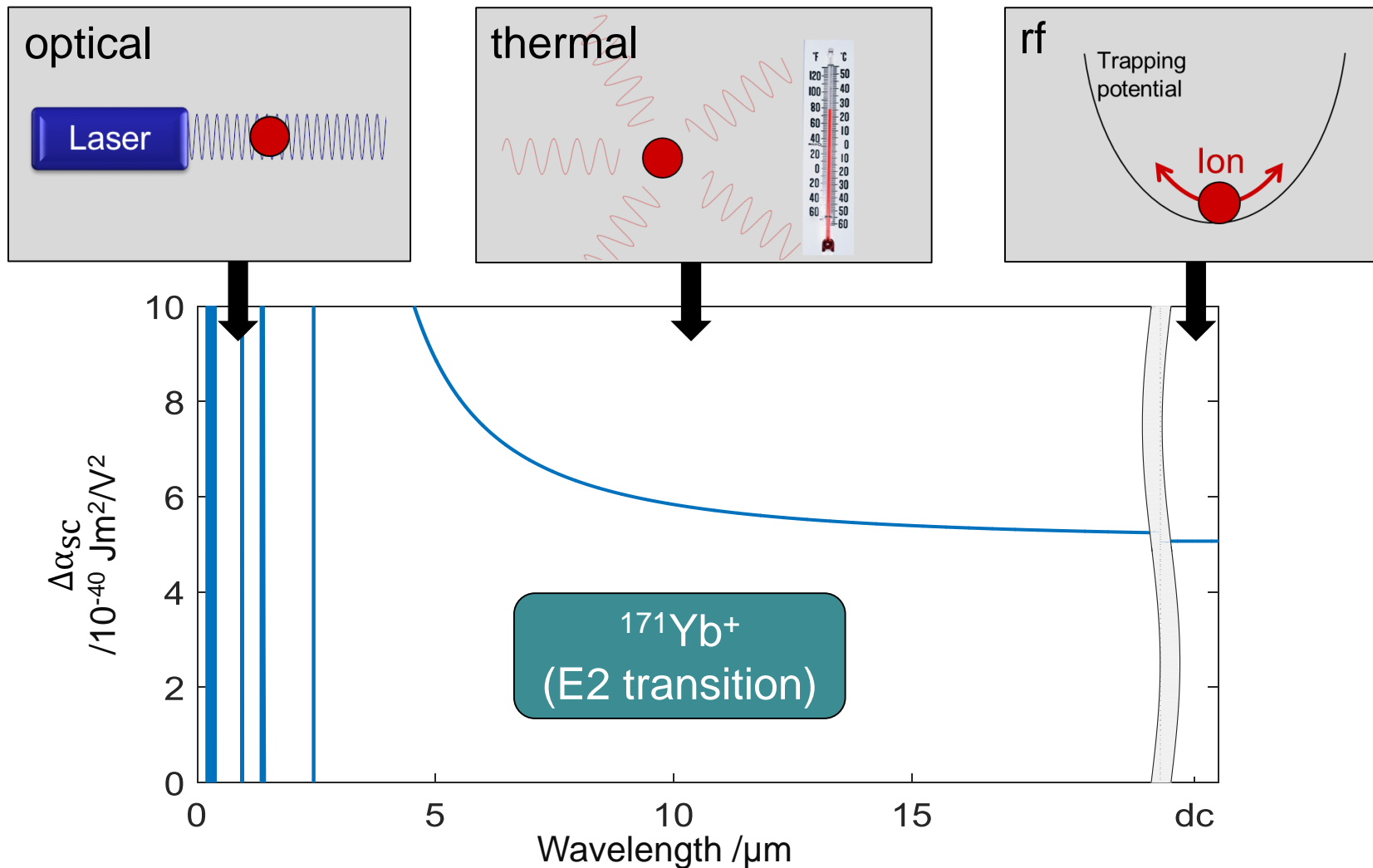




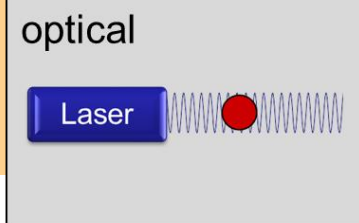
$$\Delta\alpha_{SC} = \alpha_{SC}^e - \alpha_{SC}^g$$

# Electric fields cause Stark shifts

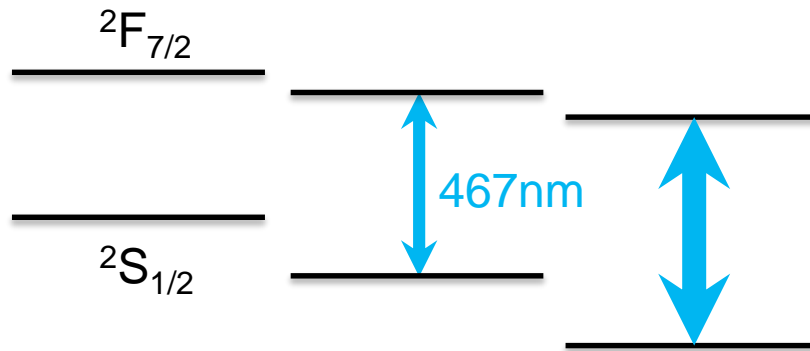
- Different frequency electric fields, so different polarisabilities



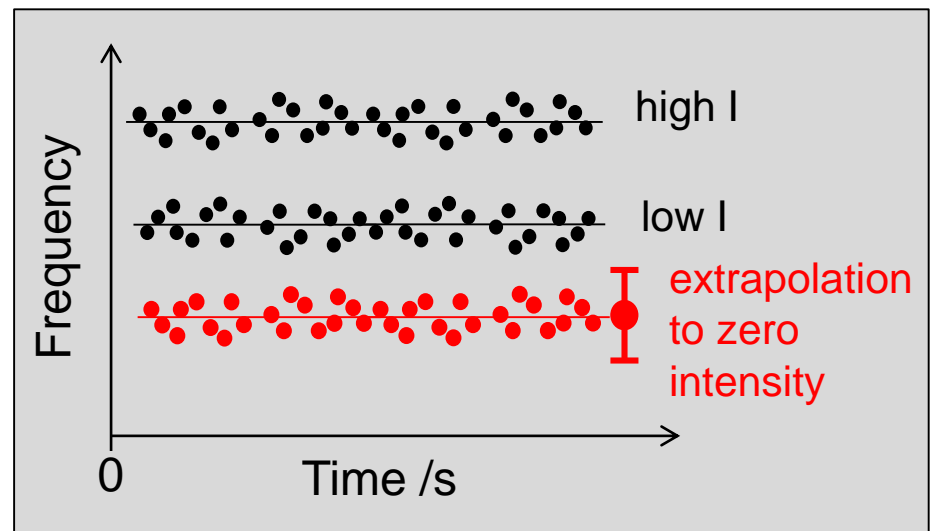
# Stark shift – optical



- Strong extinction of cooling and repumper beams is vital
- Negligible shift due to probe laser at typical intensities (exception is 467 nm E3 transition in  $^{171}\text{Yb}^+$ )



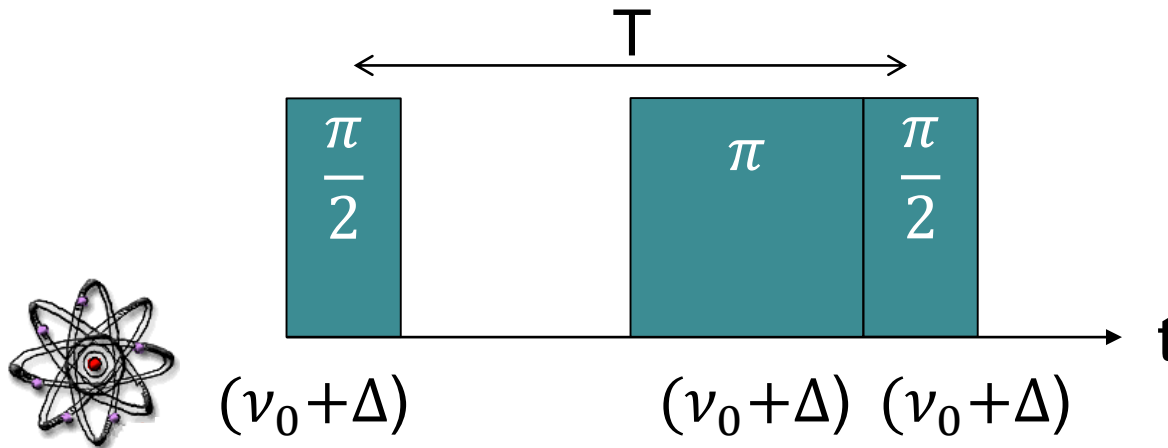
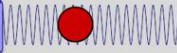
Can interleave high/low power probes and extrapolate, or use a modified Ramsey scheme



# Modified Ramsey schemes

optical

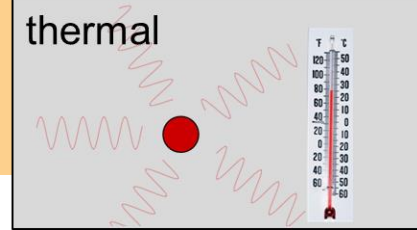
Laser



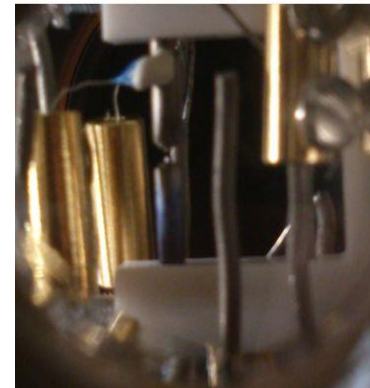
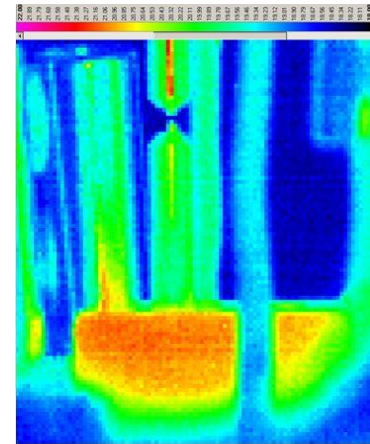
Ekkehard Peik

- Problem: need to step frequency by exactly  $\Delta$  to avoid shift
- Or else:
  - Insert  $\pi$  pulse to reduce sensitivity of any error in the step
  - Invert phase of  $\pi$  pulse to reduce sensitivity to pulse area
  - Interleave sequences with 90 deg phase shifts on  $\pi/2$  pulses
  - Interleave sequences with different  $T$  – auto balanced Ramsey

# Stark shift – thermal

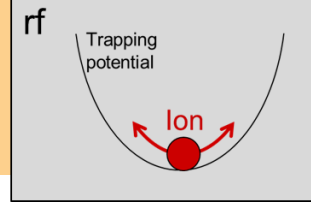


Thermal image of trapping region (18-22°C)

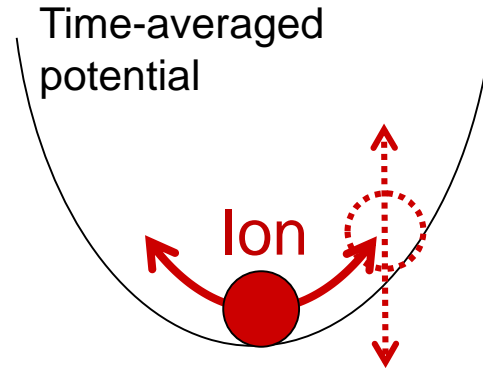


- One of the hardest shifts to determine
- Blackbody radiation:  
 $\langle E^2 \rangle = 8.55 \times 10^{-5} T^4 \text{ (V}^2/\text{m}^2\text{)}$   
$$h\Delta f = -\frac{1}{2}\Delta\alpha_{SC}E^2$$
- Difficult to characterise E-field when it's not a blackbody distribution
- Ion mostly 'sees' trap structure. Need to characterise temperature rise and emissivities of all components, or use thermal imaging
- $\Delta\alpha_{SC}$  (and hence BBR shift & uncertainty) generally smaller for ions than neutral atoms

# Stark shift – rf trapping



- Motion in the trap leads not only to Doppler shifts, but also to the ion experiencing a time-averaged non-zero electric field



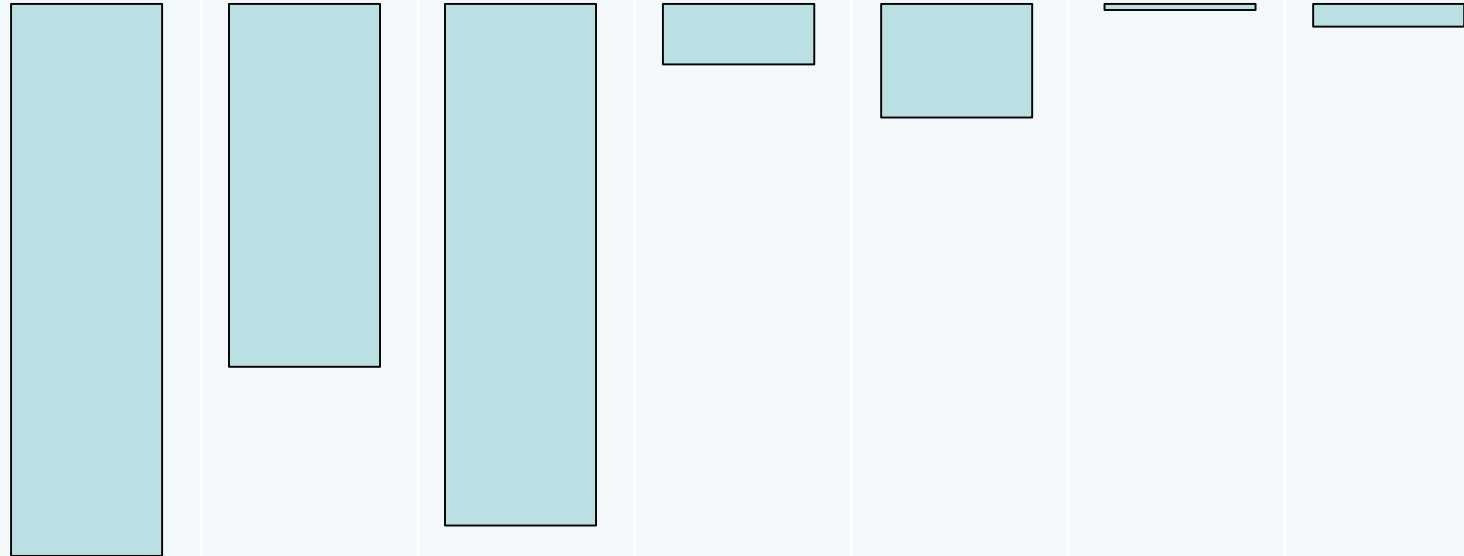
Secular motion

Micromotion

- Measure the motion to deduce:

Velocity  $\rightarrow$  Amplitude of motion  $\rightarrow$   $\langle E^2 \rangle$   $\rightarrow$  Stark shift

# dc polarisabilities for different ions

	Ca <sup>+</sup>	Sr <sup>+</sup>	Yb <sup>+</sup> E2	Yb <sup>+</sup> E3	Hg <sup>+</sup>	Al <sup>+</sup>	In <sup>+</sup>
$\Delta\alpha_{sc}$ $10^{-41} \text{ Jm}^2/\text{V}^2$	-73.0	-47.938	+69	+8.88	+15	+0.82	+3.3
$\Delta\alpha_{sc}$ relative magnitudes							
$\Delta\alpha_{ten}$ $10^{-41} \text{ Jm}^2/\text{V}^2$	-24.51	-78.6	-136	+1	-3	0	0

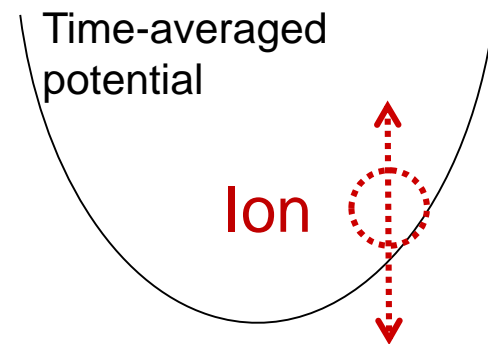
- Note that some polarisabilities are negative and some are positive



# Magic trap drive frequency for Sr<sup>+</sup> and Ca<sup>+</sup>

- Micromotion will cause both a Doppler and a Stark shift

$$\frac{\Delta\nu_{\mu}}{\nu_0} = -\left(\frac{\Omega}{\omega_0}\right)^2 \left[ \underbrace{1}_{\text{Doppler}} + \underbrace{\frac{\Delta\alpha_0}{\hbar\omega_0} \left(\frac{m\Omega c}{e}\right)^2}_{\text{Stark}} \right] \sum_{x,y,z} R_i$$



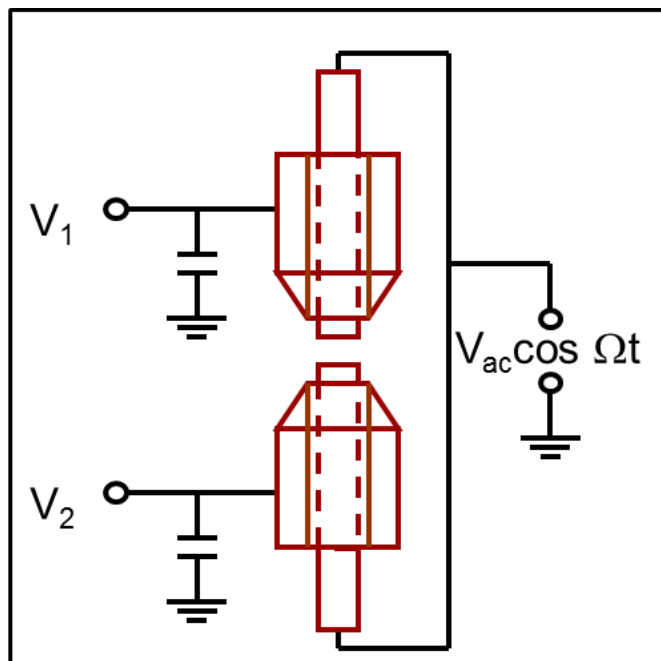
- Sr<sup>+</sup> and Ca<sup>+</sup> have negative  $\Delta\alpha$ , so Doppler & Stark shifts cancel at the ‘magic trap drive frequency’

$$\Omega_0 = \frac{e}{m c} \sqrt{-\frac{\hbar\omega_0}{\Delta\alpha_0}}$$

- Sr<sup>+</sup>: 14.4 MHz
- Ca<sup>+</sup>: 24.6 MHz

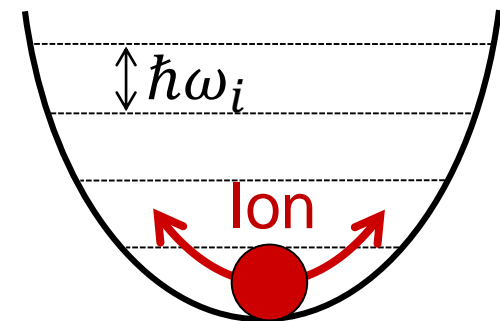
# Designing traps to minimise shifts

- Motional effects → want low ion motional heating rate
  - Avoid noise on electrical signals and surface contaminants
  - Use large separation,  $d$  between rf electrodes (ion heating =  $1/d^\alpha$ , where  $2 < \alpha < 4$ )
  - Operate with large  $\Omega$  (and hence  $V_{ac}$ ) to achieve large  $\omega_i$



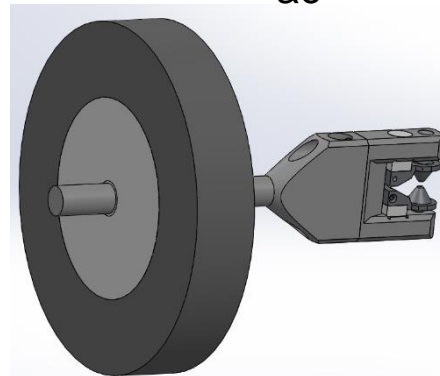
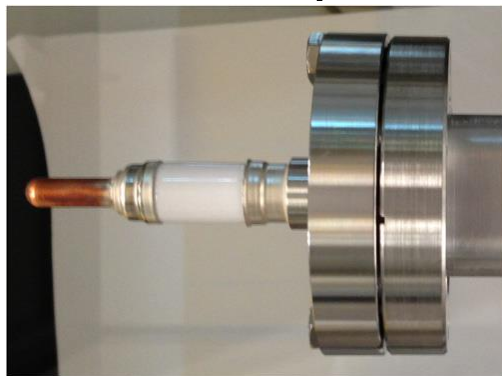
$$\omega_i \approx \frac{q_i \Omega}{2\sqrt{2}}$$

$$q_z = \frac{4e\epsilon V_{ac}}{mr_o^2 \Omega^2}$$



# Designing traps to minimise shifts

- Thermal E-fields → want low temperature rise
  - Operate with low  $V_{ac}$  to minimise dielectric heating, and increase separation between  $V_{ac}$  and ground



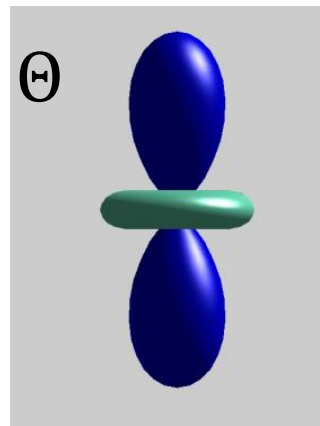
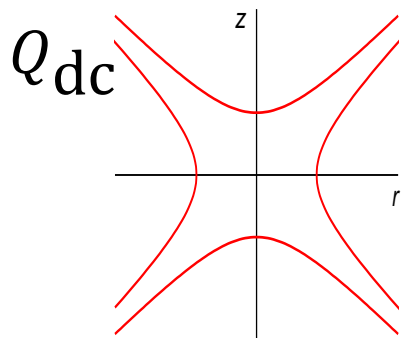
- Careful choice of materials
  - Polish electrode surfaces to increase emissivity
- rf E-fields → want no residual fields at trap centre
    - Symmetric connections to rf electrodes
    - Compensation electrodes in pairs



Short break

# Electric field gradients cause quadrupole shifts

- Electric field gradients interact with electric quadrupole moments



- States with ang. mom.  $J \geq 1$  possess a quad. Mom., eg.  $^2D_{5/2}$ ,  $^3P_1$ .
- Lattice clock transitions  $^1S_0 - ^3P_0$  are free from this effect

$$\Delta f \propto Q_{dc} \cdot \Theta \cdot (3m_F^2 - F(F+1)) (3 \cos^2 \beta - 1)$$


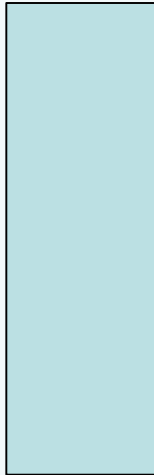


quadrupole  
field gradient

quadrupole  
moment of  
clock state

magnetic qu.  
number of  
clock state

angle between  
quadrupole field axis  
& quadrupole moment

# Quadrupole moments for various systems

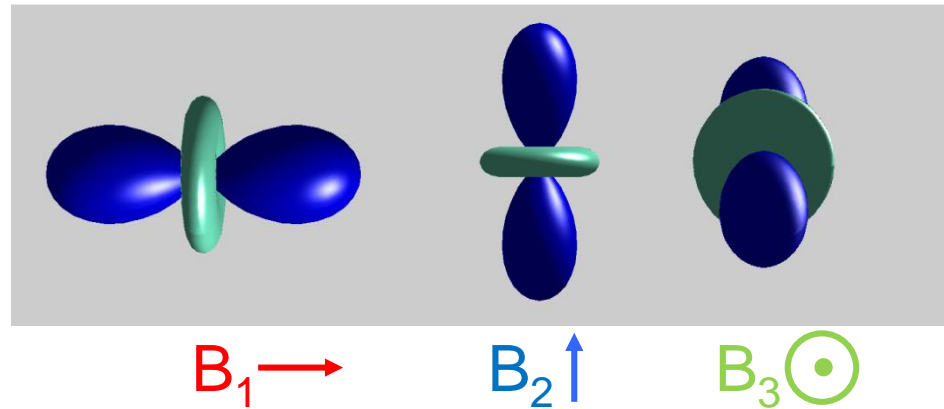
	Ca <sup>+</sup>	Sr <sup>+</sup>	Yb <sup>+</sup> E2	Yb <sup>+</sup> E3	Hg <sup>+</sup>	Al <sup>+</sup>	In <sup>+</sup>
$\Theta (ea_0^2)$	1.83	2.6	2.08	-0.041	-0.510	0	0
$\Theta$							
relative magnitudes							

- No quadrupole moment in  $^{115}\text{In}^+$  or  $^{27}\text{Al}^+$  because  $^1\text{S}_0 - ^3\text{P}_0$
- For other systems, shift may be several Hz or more, so must be nulled.

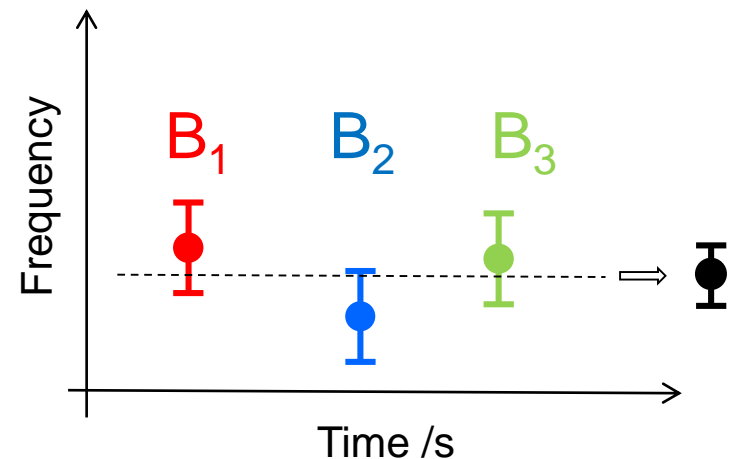
# Nulling the quadrupole shift

$$\Delta f \propto (3 \cos^2 \beta - 1)$$

$\beta$  = angle between B-field  
and E-field gradient



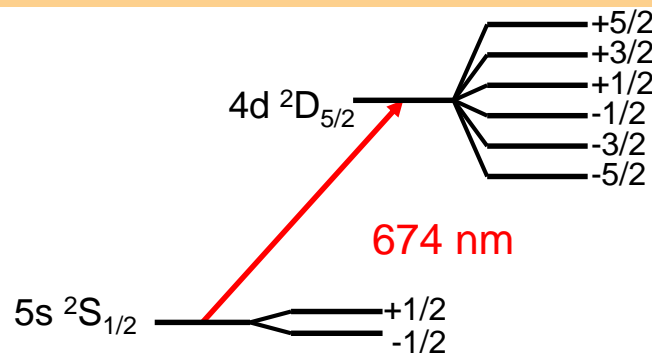
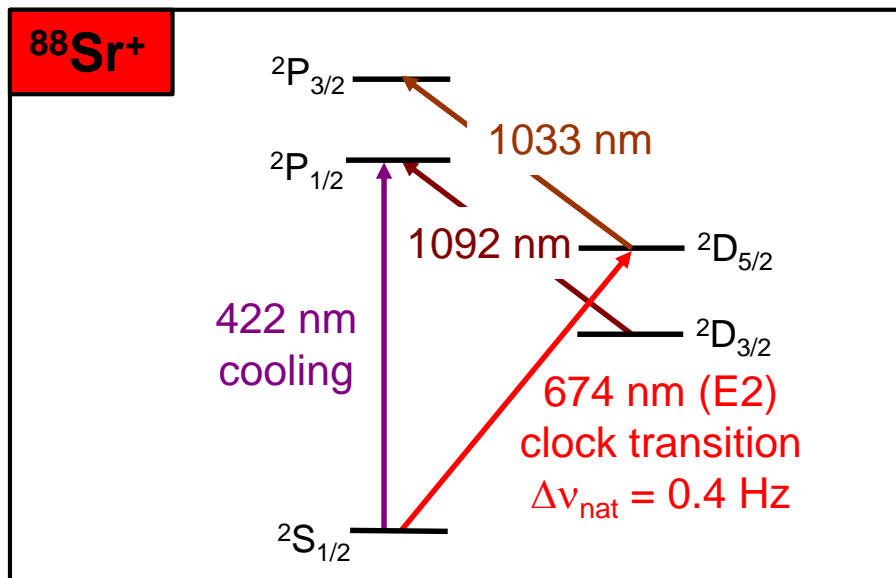
- Measure in three orthogonal B-field directions
- (Alternatively, measure 3 different pairs of Zeeman states)
- $(3 \cos^2 \beta - 1)$  averages to zero



- Atomic clocks based on caesium
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  - Electric fields
  - **Magnetic fields**
  - Gravity
- Optical frequency metrology
  - Stability, absolute frequencies and ratios
- Summary and future perspectives



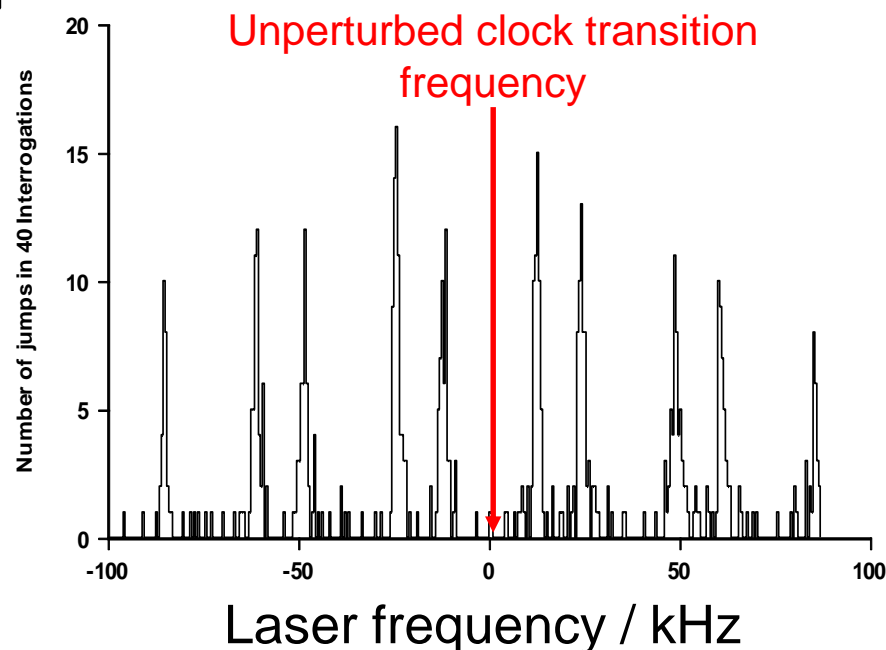
# Magnetic fields – 1<sup>st</sup> order Zeeman shifts

 $m_j$ 


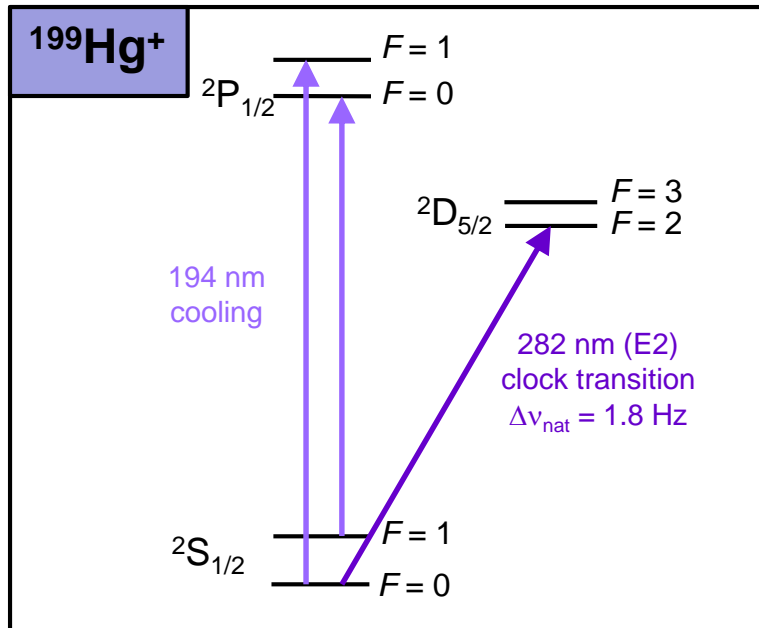
All components exhibit a linear Zeeman shift

~ 10kHz in 1  $\mu$ T for <sup>88</sup>Sr<sup>+</sup>

Eliminated by probing two Zeeman components symmetrically placed about line centre, and taking the average frequency.



# Magnetic fields – 2<sup>nd</sup> order Zeeman shifts



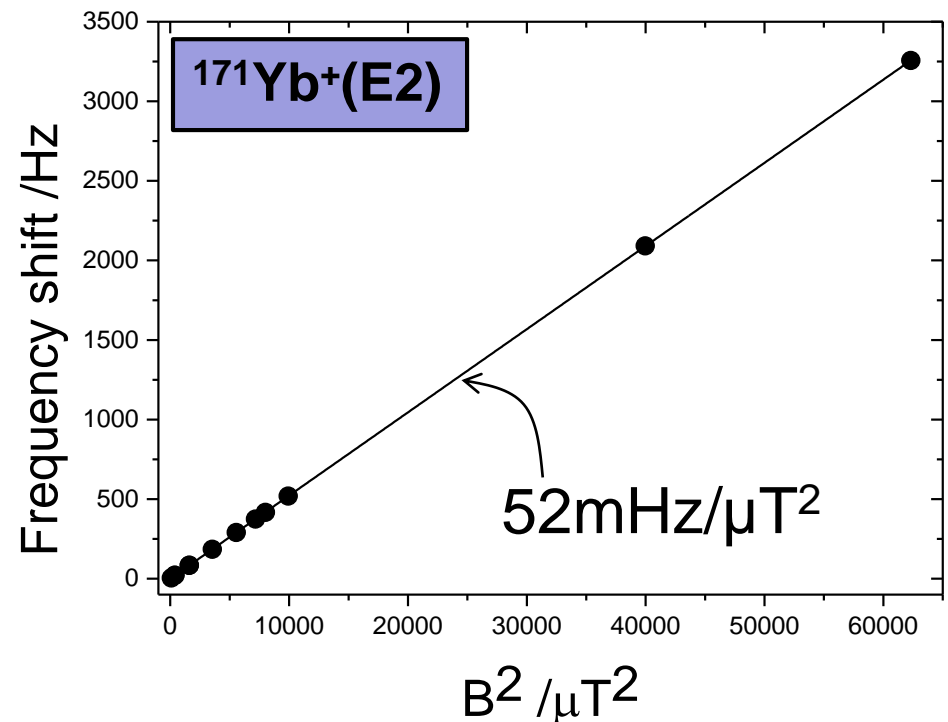
For odd isotope ions, with half-integer nuclear spin, can probe

$$m_F = 0 - m_F = 0,$$



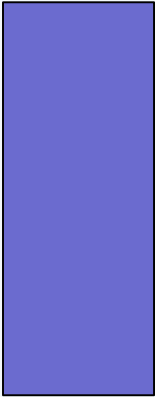

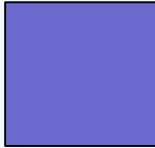


so there is no 1st order Zeeman shift.

2<sup>nd</sup> order Zeeman shift,

$$\Delta\nu = \kappa B^2$$



# 2<sup>nd</sup> order Zeeman shift for different ions

	Ca <sup>+</sup>	Sr <sup>+</sup>	Yb <sup>+</sup> E2	Yb <sup>+</sup> E3	Hg <sup>+</sup>	Al <sup>+</sup>	In <sup>+</sup>
2 <sup>nd</sup> order coefficient Hz/mT <sup>2</sup>	+14.355	+3.1223	+52,096	-2,030	-18,900	-71.988	+4.09
2 <sup>nd</sup> order Zeeman relative magnitudes							

- The purple bars are 1,000 × larger

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# Gravity potential affects clock frequency

- General relativity: time in different gravity potentials will run at different rates

- Frequency shift

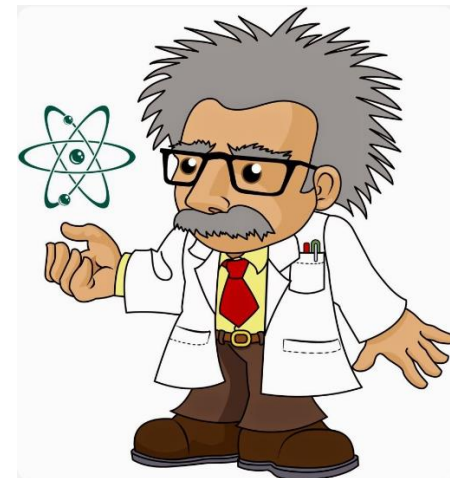
$$\frac{\Delta f}{f_0} = \frac{g\Delta h}{c^2}$$

$g$  = local acceleration due to gravity  
 $\Delta h$  = height above reference level  
 $c$  = speed of light

- Fractional change =  $10^{-16}$  for every 1 m change in height at Earth's surface
- $10^{-18}$  clocks sensitive to 1 cm height changes

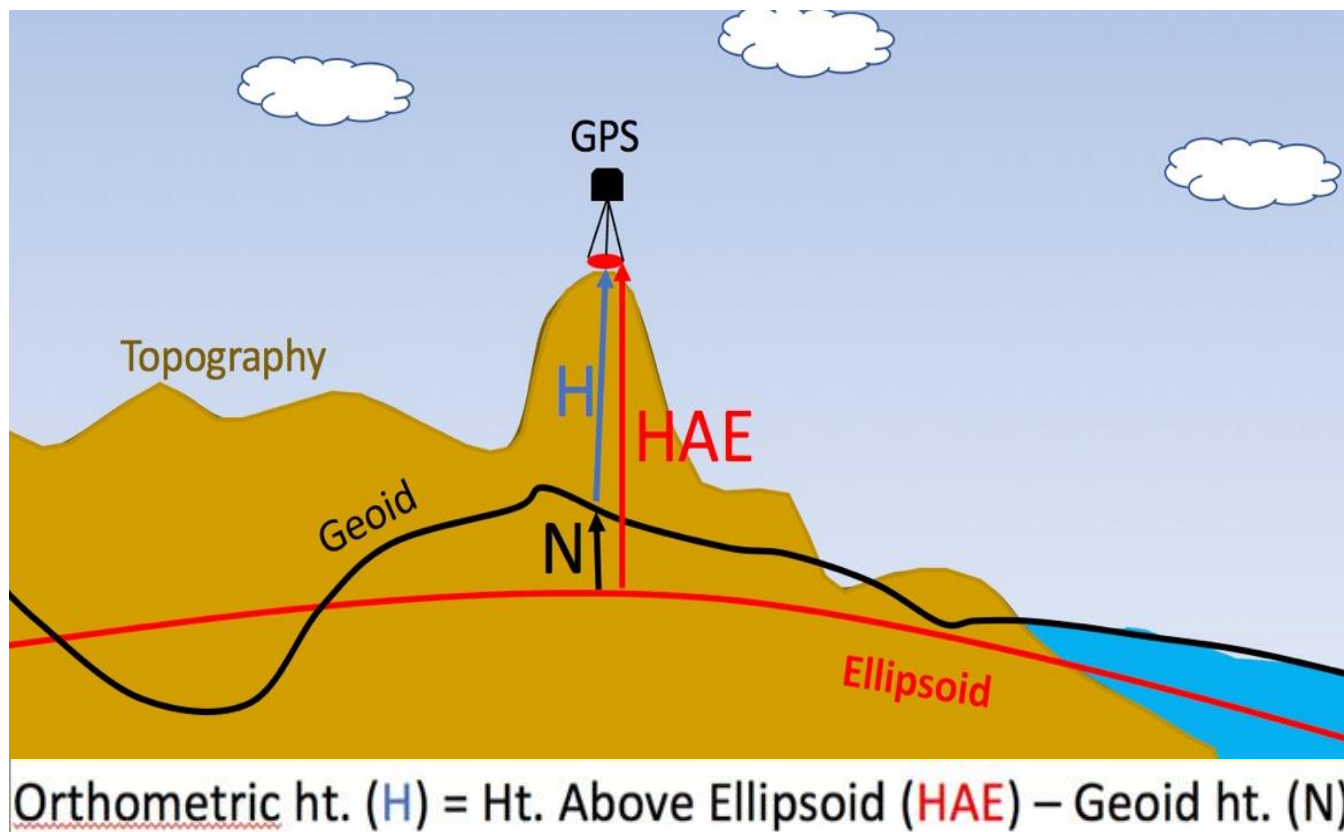
*Fact:*

*Your head ages faster than your feet by a couple of ns per year!*



# Potential above reference height

- Geoid - equipotential reference surface, local fluctuations
- GNSS gives height relative to ellipsoid
- Local modelling for difference between ellipsoid and geoid



# Measuring gravity potentials at NMIs

- Surveys in 2013 – 2014 at INRIM, NPL, PTB, SYRTE
- 1 – 3 absolute gravity measurements at each site
- 35 – 99 relative gravity measurements in surrounding area
- Accuracy of potential above geoid is about  $0.25 \text{ m}^2/\text{s}^2$  (equivalent to 2.5 cm)



- Doppler shifts** – due to motion of ion in trap
- Stark shifts** – due to external electric fields (optical, thermal, rf trap)
- Electric quadrupole shift** – due to electric field gradients
- Zeeman shifts** – due to external magnetic fields
- Gravitational redshift** – due to location of ion



# Uncertainty budget

- PTB Yb<sup>+</sup> E3 – single-ion clock with best accuracy

Effect	$\delta\nu/\nu_0$ ( $10^{-18}$ )	$u/\nu_0$ ( $10^{-18}$ )
Second-order Doppler shift	-3.7	2.1
Blackbody radiation shift	-70.5	1.8
Probe light related shift	0	1.1
Second-order Zeeman shift	-40.4	0.6
Quadratic dc Stark shift	-1.2	0.6
Background gas collisions	0	0.5
Servo error	0	0.5
Quadrupole shift	0	0.3
Total	-115.8	3.2

# Which ions make the best clocks?

	Ca <sup>+</sup>	Sr <sup>+</sup>	Yb <sup>+</sup> E2	Yb <sup>+</sup> E3	Hg <sup>+</sup>	Al <sup>+</sup>	In <sup>+</sup>
Linewidth, $\Delta\nu$	✗	✗	✗	✓	✗	✓	✗
Stark shift, $\Delta\alpha_{SC}$	✗	✗	✗	(✓)	✓	✓	✓
Quadrupole shift	✗	✗	✗	✓	✗	✓	✓
2 <sup>nd</sup> order Zeeman	✓	✓	✗	✗	✗	✓	✓
Simple lasers	✓	✓	✓	✓	(✓)	✗	✗

- Compact / simple systems – Ca<sup>+</sup>, Sr<sup>+</sup>
- Low systematic frequency shifts – In<sup>+</sup>, Al<sup>+</sup>
- High stability – Yb<sup>+</sup>(E3), Al<sup>+</sup>

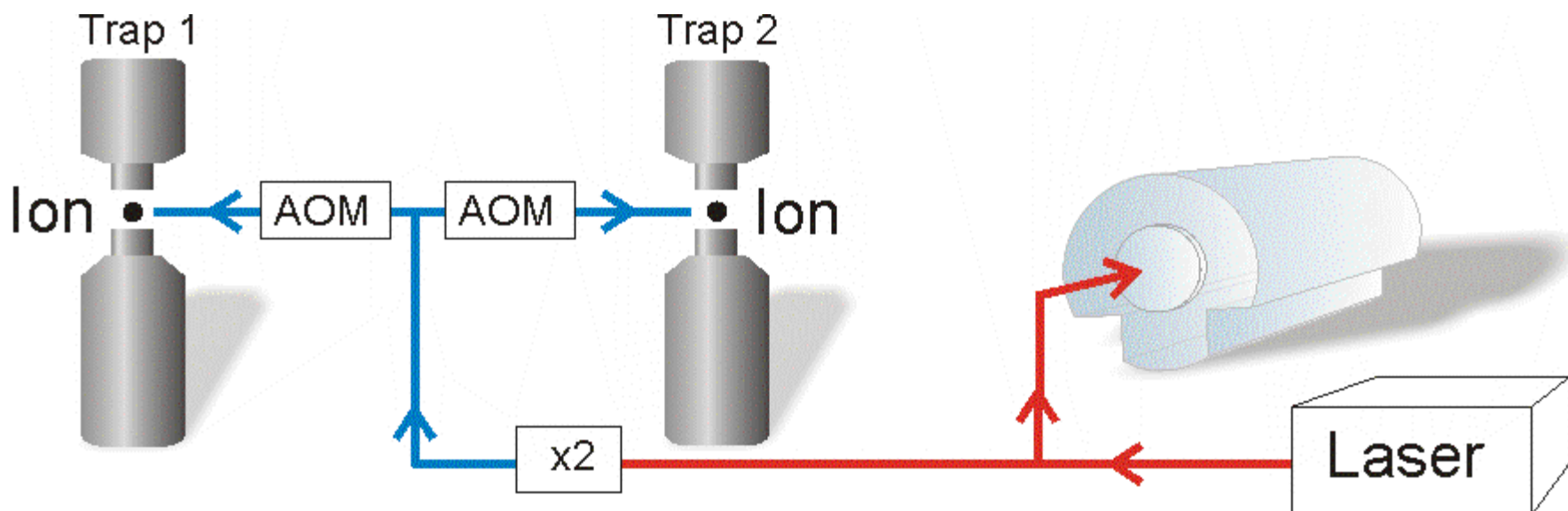
- Atomic clocks based on caesium
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# Measuring reproducibility and stability

Fractional instability

$$\sigma(\tau) = \frac{\Delta\nu}{\nu} \frac{\eta}{(S/N)} \sqrt{\frac{T}{\tau}}$$

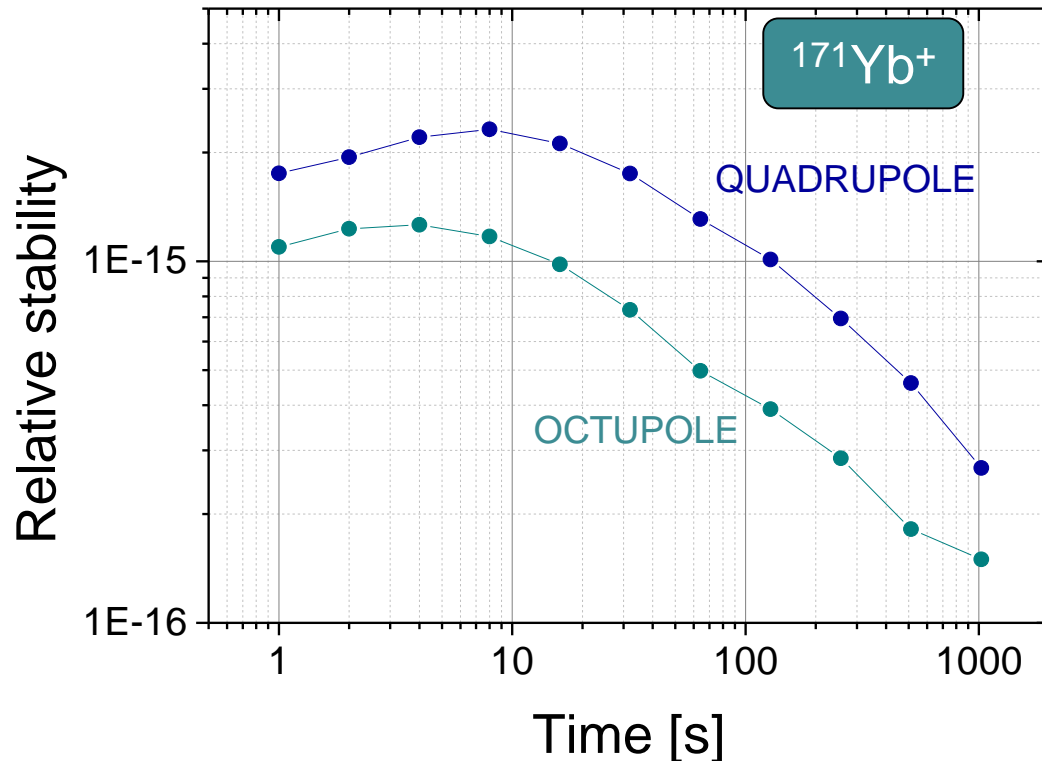
- Compare two independent optical frequency standards
- Measure  $(f_1 - f_2)$  for a period of time, repeatedly.



# Stability depends on linewidths

Fractional instability

$$\sigma(\tau) = \frac{\Delta\nu}{\nu} \frac{\eta}{(S/N)} \sqrt{\frac{T}{\tau}}$$



- Octupole stability limited only by laser linewidth as Yb<sup>+</sup>(E3) natural linewidth ~ 1 nHz

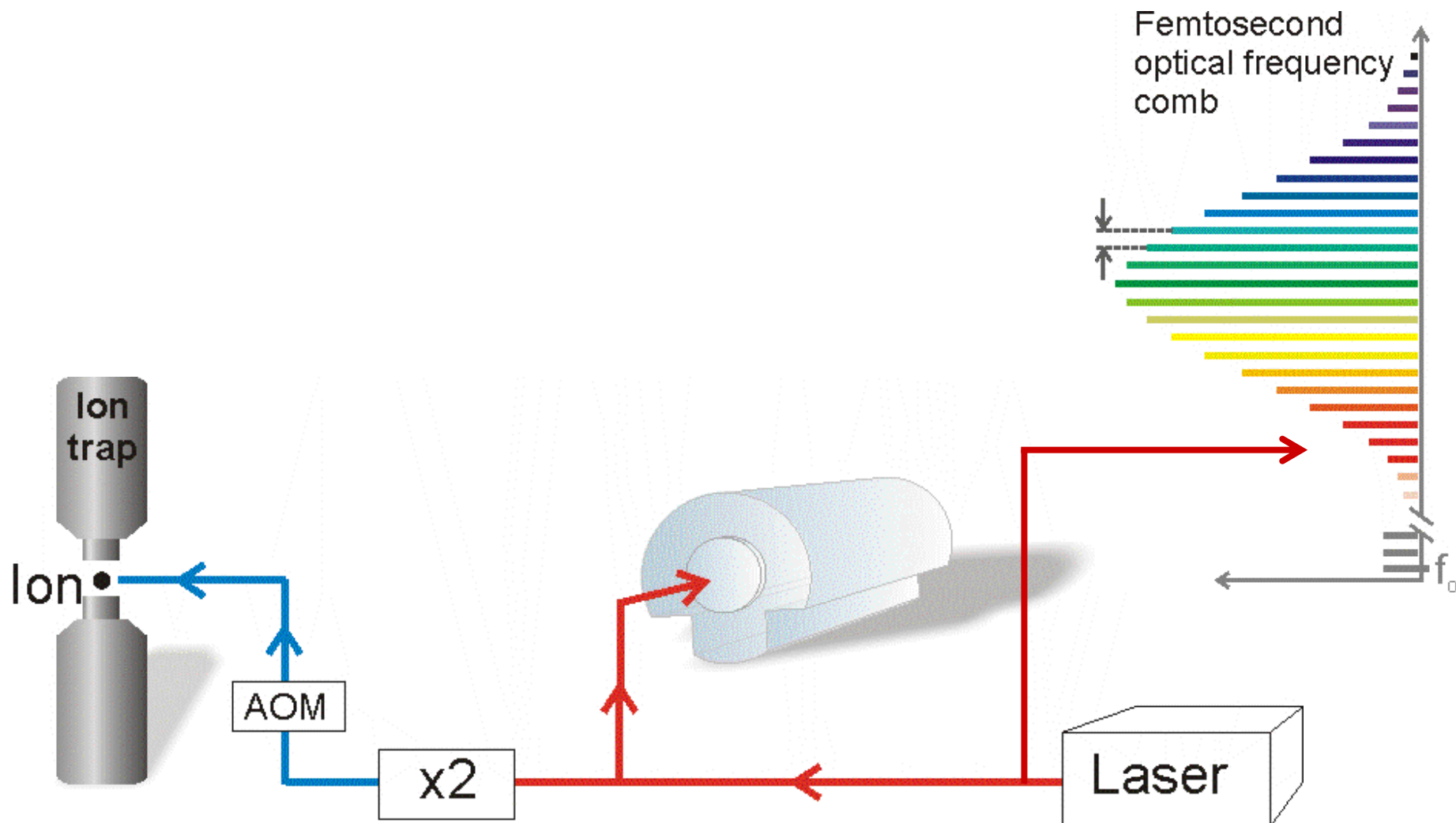
Octupole:

$\sigma(\tau) = 5 \times 10^{-15} / \sqrt{\tau}$   
100ms probe pulses  
10Hz linewidths

Quadrupole:

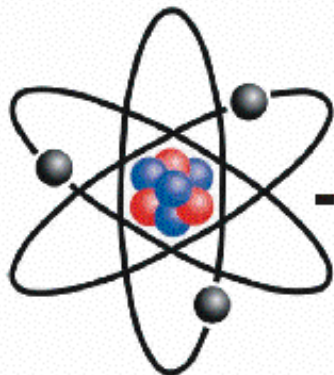
$\sigma(\tau) = 1 \times 10^{-14} / \sqrt{\tau}$   
30ms probe pulses  
30Hz linewidths

# Measuring the absolute frequency



# Measuring the absolute frequency

Cs fountain



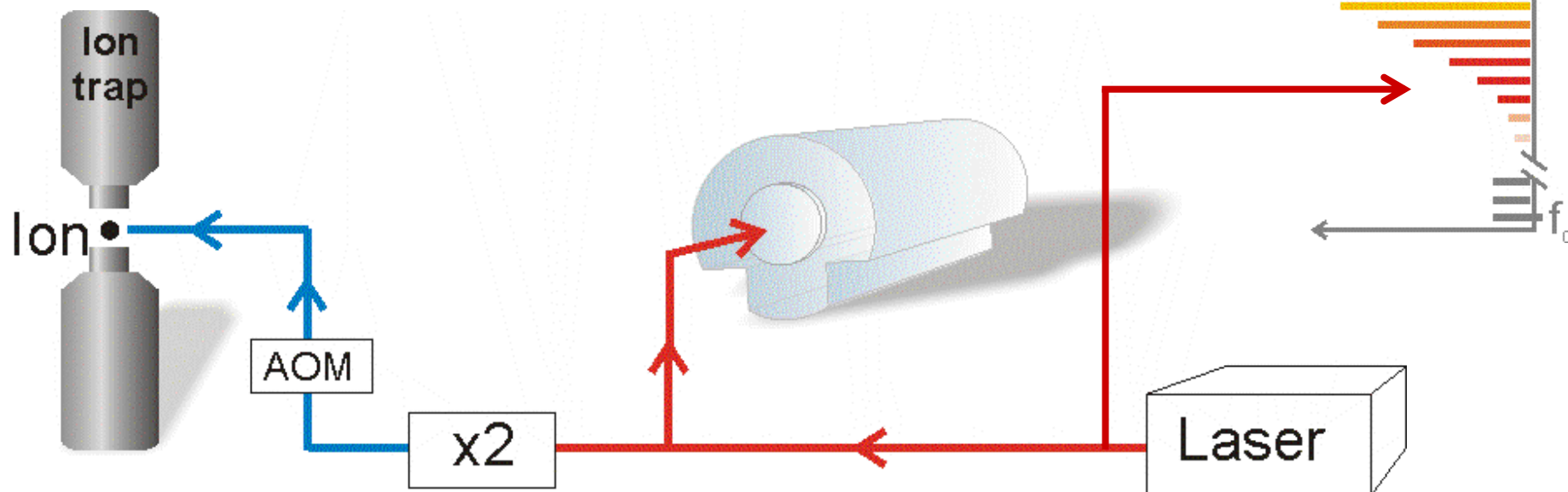
H maser



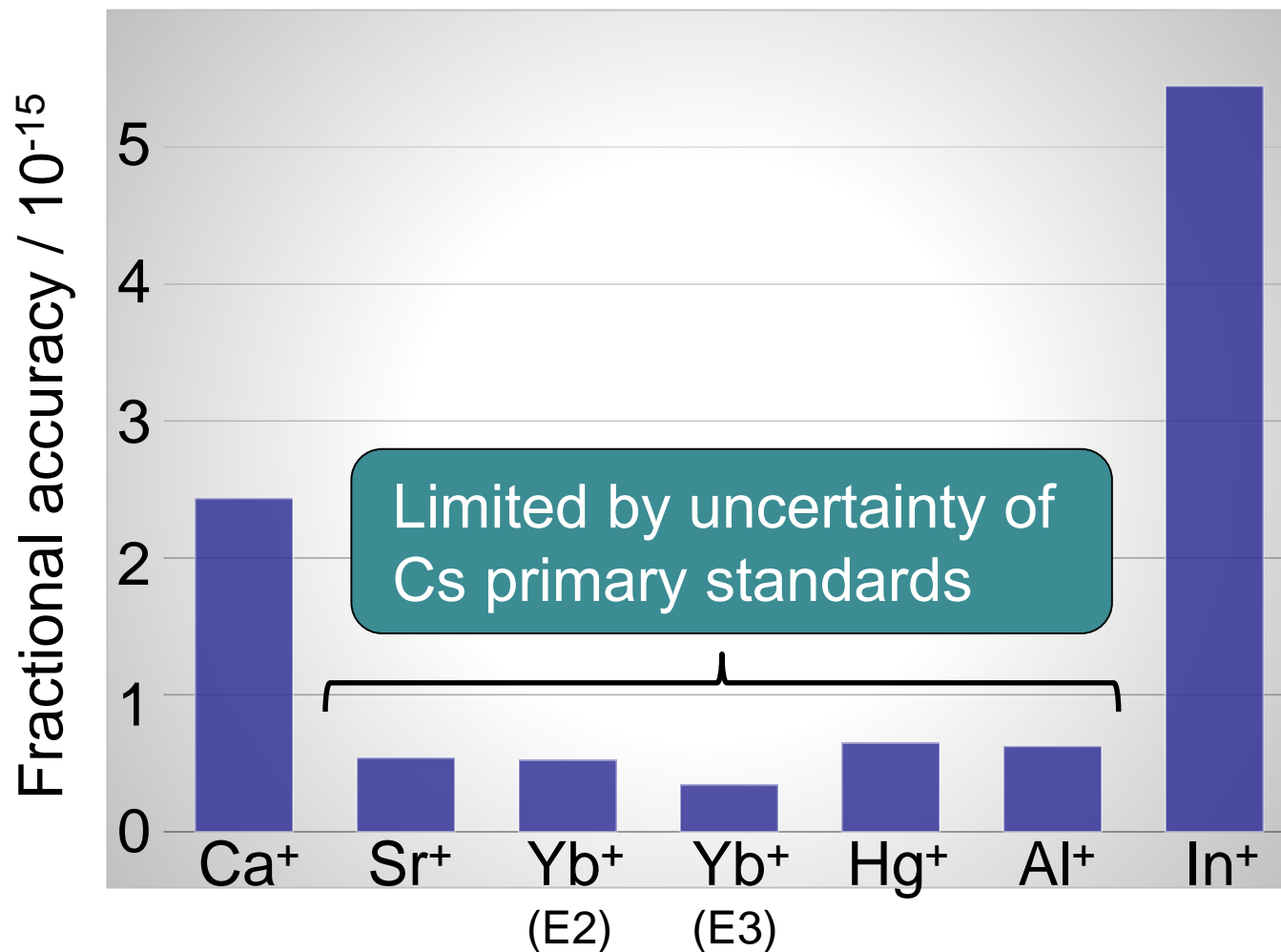
Femtosecond  
optical frequency  
comb

$f_{rep}$

$f_0$



# Absolute frequency measurements



[Ca<sup>+</sup>: PRL **102**, 023002 (2009); Sr<sup>+</sup>:PRA **89**, 050501 (2014); Yb<sup>+</sup>(E2): PRA **89**, 023820 (2014); Yb<sup>+</sup>(E3): EFTF2018 proceedings; Hg<sup>+</sup>: Appl. Phys. B, **89**, 167 (2007); Al<sup>+</sup>: Science **319**, 1808 (2008); In<sup>+</sup>: Opt. Exp. **25**, 11725 (2017).]

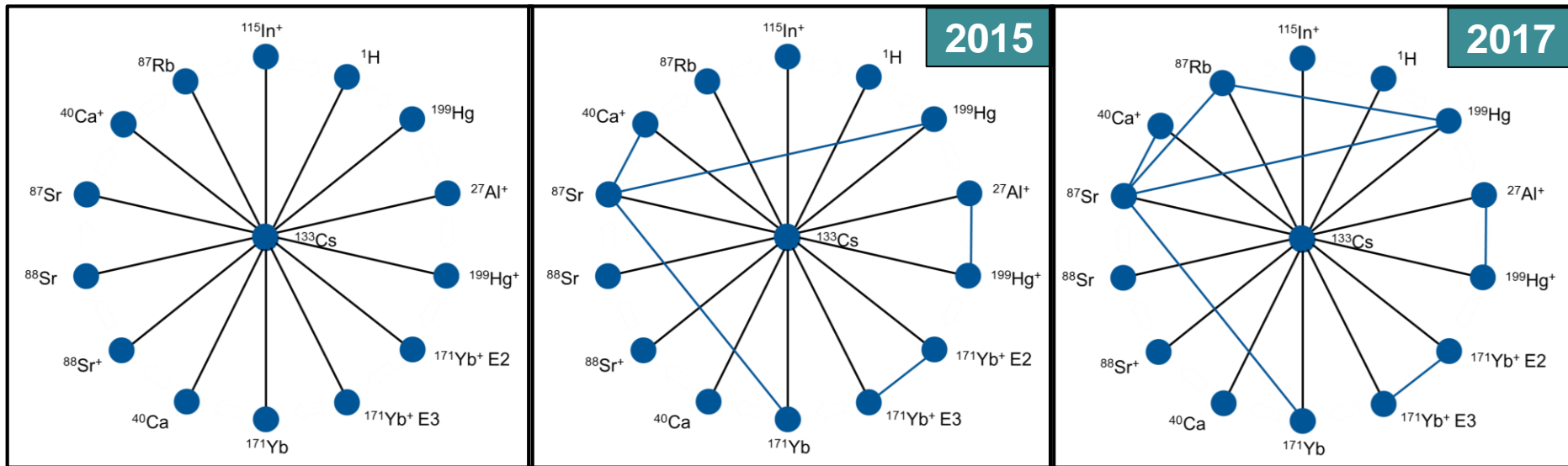


# Secondary representations of the second

- Optical frequency standards can be used to realise the SI second (although uncertainty cannot be better than Cs primary standard)
- List of **secondary representations of the second** now includes eight optical frequency standards

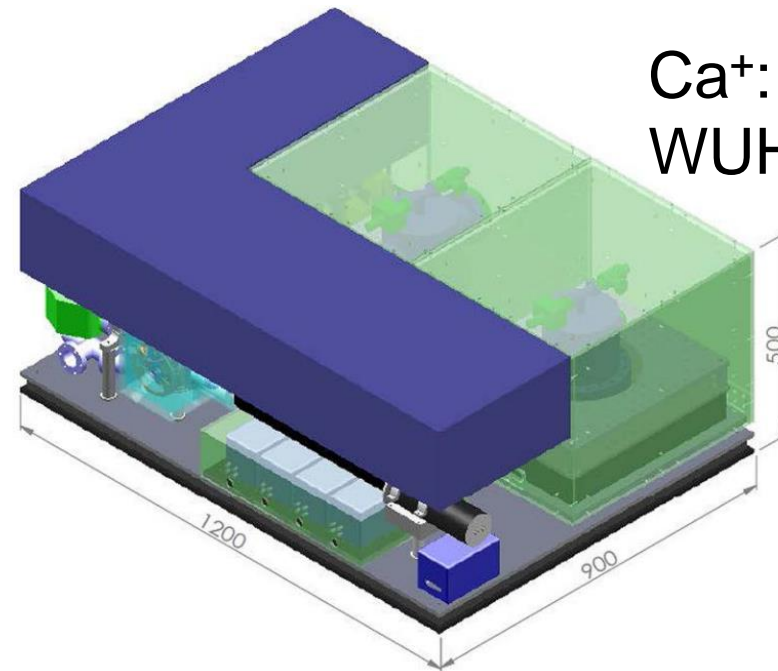
Atom or ion	Transition	Wavelength	Recommended fractional uncertainty
$^{199}\text{Hg}$	$^1\text{S}_0 - ^3\text{P}_0$	266 nm	$5 \times 10^{-16}$
$^{27}\text{Al}^+$	$^1\text{S}_0 - ^3\text{P}_0$	267 nm	$19 \times 10^{-16}$
$^{199}\text{Hg}^+$	$^2\text{S}_{1/2} - ^2\text{D}_{5/2}$	282 nm	$19 \times 10^{-16}$
$^{171}\text{Yb}^+$	$^2\text{S}_{1/2} - ^2\text{D}_{3/2}$	436 nm	$6 \times 10^{-16}$
$^{171}\text{Yb}^+$	$^2\text{S}_{1/2} - ^2\text{F}_{7/2}$	467 nm	$6 \times 10^{-16}$
$^{171}\text{Yb}$	$^1\text{S}_0 - ^3\text{P}_0$	578 nm	$5 \times 10^{-16}$
$^{88}\text{Sr}^+$	$^2\text{S}_{1/2} - ^2\text{D}_{5/2}$	674 nm	$15 \times 10^{-16}$
$^{87}\text{Sr}$	$^1\text{S}_0 - ^3\text{P}_0$	698 nm	$4 \times 10^{-16}$

# Measuring optical frequency ratios



# Optical frequency ratios between labs

- Local comparisons
- Transportable clocks
- Satellite links  
(Two-way and GPS)
- Optical fibre links



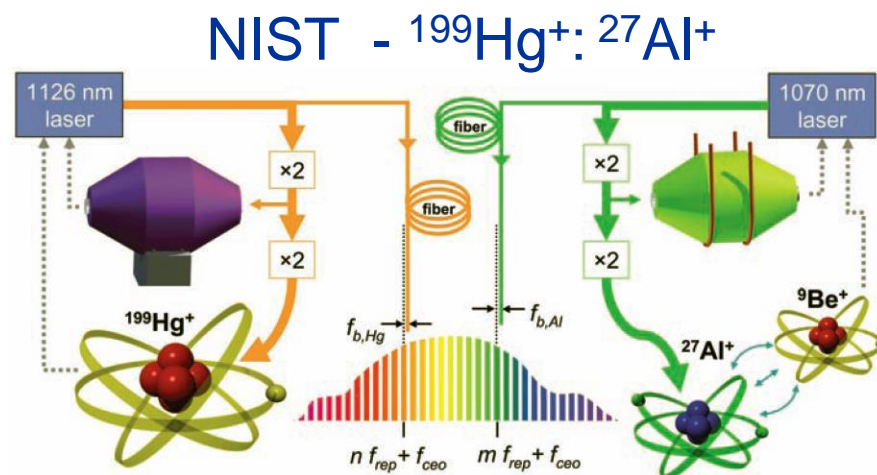
$\text{Ca}^+$ :  $7.8 \times 10^{-17}$   
WUHAN



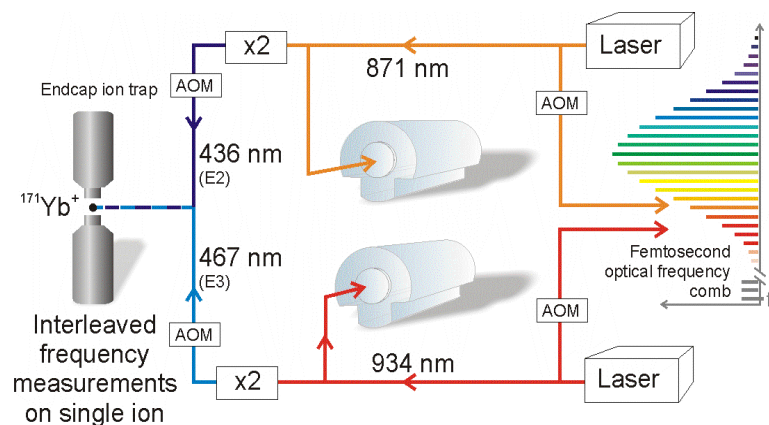
# Ion optical ratios – variation of constants

- Sensitivity to variation of fine structure constant

Ion	Relative sensitivity	A
Sr <sup>+</sup>		0.43
Yb <sup>+</sup> (E2)		1.00
Yb <sup>+</sup> (E3)		-5.95
Hg <sup>+</sup>		-2.94
Al <sup>+</sup>		0.008
In <sup>+</sup>		0.18



## NPL, PTB - <sup>171</sup>Yb<sup>+</sup>(E3):(E2)



[Rosenband *et al.*, Science **319**, 1808 (2008);

Godun *et al.*, PRL 113, 210801 (2014); Huntemann *et al.*, PRL 113, 210802 (2014) ]

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# Summary of ion optical clocks

- ✓ Systematic frequency shifts are generally low
- ✓ Laser systems generally simple
- ✓ Traps can be compact
- ✓ Sensitive tools for fundamental physics tests
- ✗ Single ions give poor frequency instability

$$\text{Fractional instability } \sigma(\tau) = \frac{\Delta\nu}{\nu} \frac{\eta}{(S/N)} \sqrt{\frac{T}{\tau}}$$

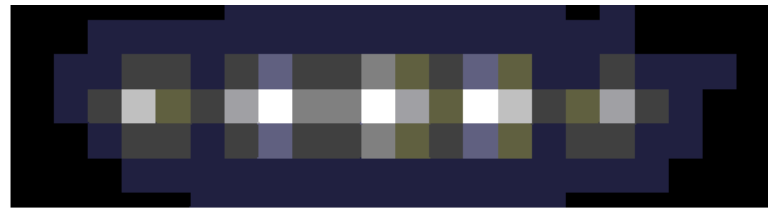
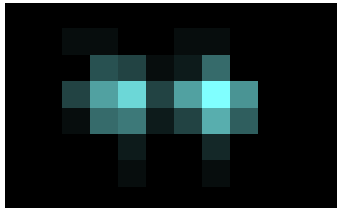
- Need to reduce instability:
  - (a) Increase probe time to reduce  $\Delta\nu\sqrt{T}$  – no limit for  $\text{Yb}^+(\text{E}3)$
  - (b) Increase  $\nu$  by choosing an ion with UV transitions
  - (c) Increase S/N by increasing number of ions

# Ions with UV transitions increase $\nu_0$

	Highly charged ions	Thorium	Ekkehard Peik
Example	Ir <sup>17+</sup> , sympathetically cooled	<sup>229</sup> Th <sup>2+</sup> , <sup>229</sup> Th <sup>3+</sup>	
UV transition	Electrons more tightly bound	Nuclear transition	
Low systematics	Transitions shift more towards the UV, hence smaller dc and rf electric polarisabilities	Nucleus is highly isolated from environment due to electron cloud	
Highly relativistic	Larger relativistic shifts provide enhanced sensitivity to variation of constants	Sensitivity to variation of constants speculated to be enhanced by as much as 5–6 orders of magnitude	

# Multi-ion clocks improve SNR by $1/\sqrt{N}$

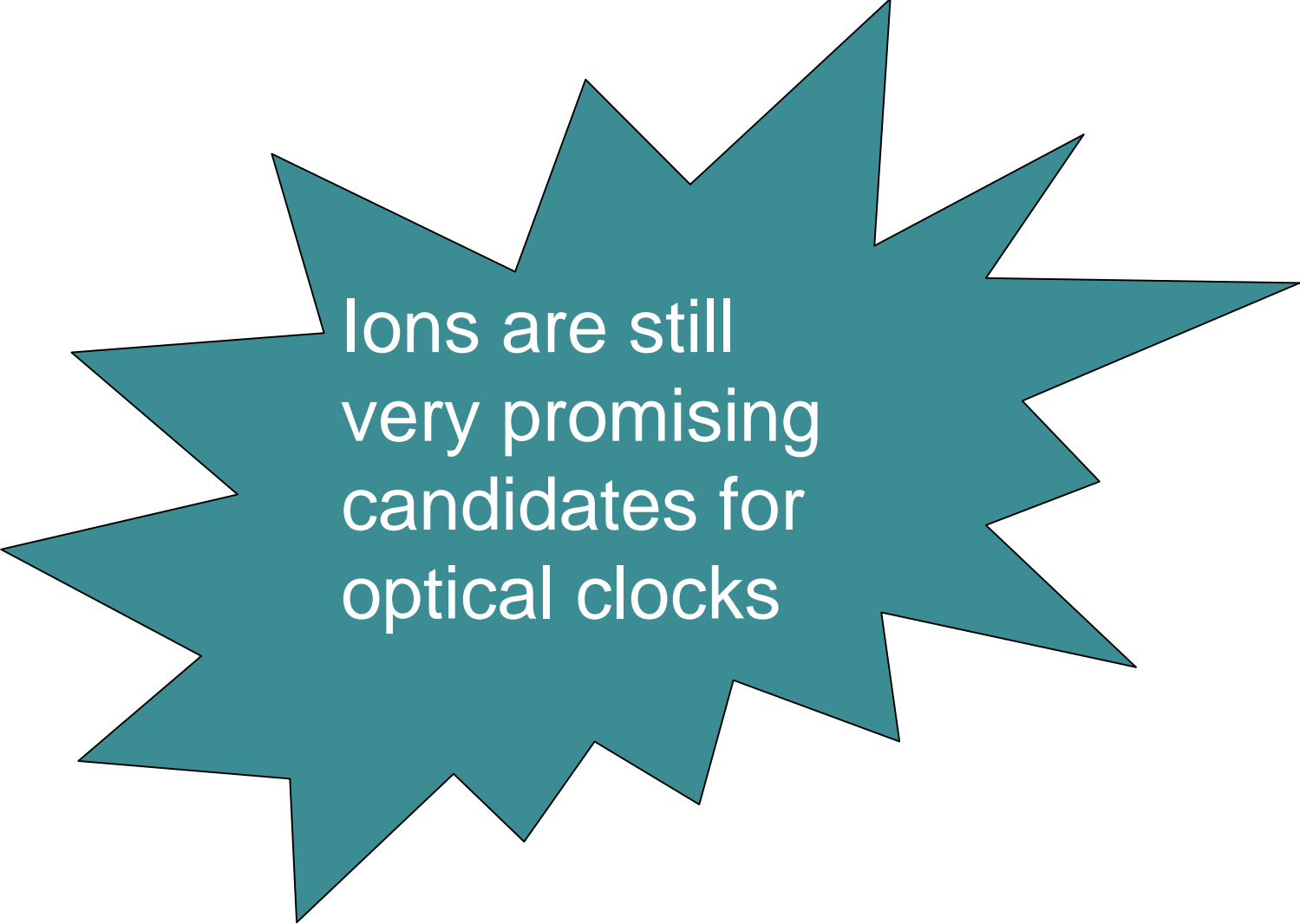
- Challenge: to retain homogeneous frequency shifts across whole string of ions



- Linear traps - dc electric field gradients along axis, so need ions with low quadrupole moment (eg  $\text{Al}^+$ ,  $\text{In}^+$ ,  $\text{Yb}^+(\text{E}3)$ )
- Entanglement schemes give further  $1/\sqrt{N}$  improvement; still many forms of decoherence present a challenging obstacle

	Stability	Time to reach $1 \times 10^{-18}$
Single ion	$1 \times 10^{-15} / \sqrt{T}$	$10^6 \text{ s} = 12 \text{ days}$
10 uncorrelated ions ( $1/\sqrt{N}$ )	$3 \times 10^{-16} / \sqrt{T}$	$10^5 \text{ s} = 1.2 \text{ days}$





Ions are still  
very promising  
candidates for  
optical clocks

# Further reading

## Text books

- F. Riehle, “Frequency Standards”, Wiley-VCH
- C. J. Foot, “Atomic Physics”, Oxford University Press

## Publications

- A. D. Ludlow, M. M. Boyd, Jun Ye, E. Peik, P. O. Schmidt, “Optical Atomic Clocks”, Rev. Mod. Phys. **87**, 637 (2015)
- OC18 specifications document ... coming soon to [www.oc18.eu](http://www.oc18.eu)